

UNIVERSITY OF ROCHESTER

# *ALUMNI*

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## University of Rochester Rochester Network News

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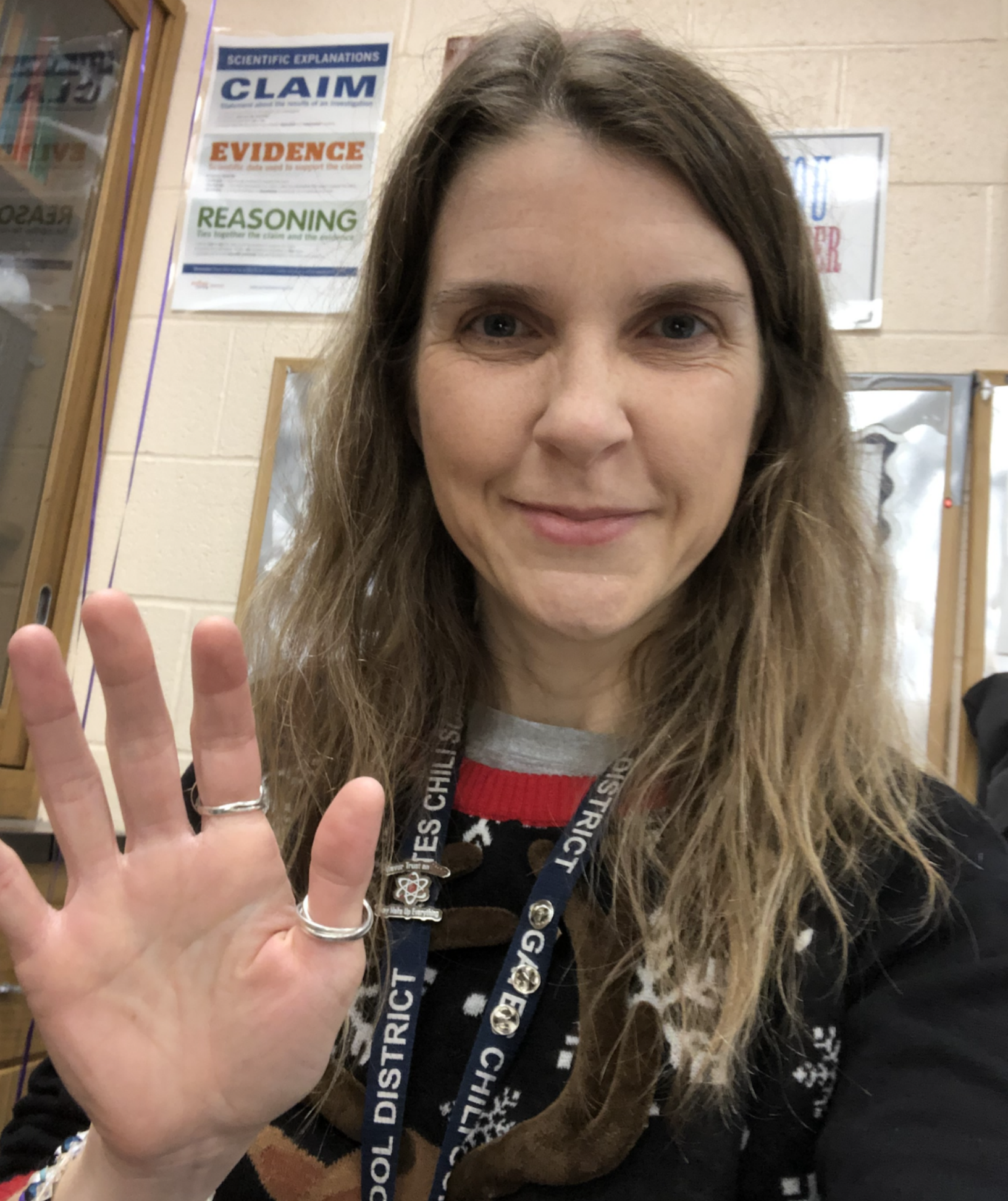




## **Meet new Rochester Network Leadership Council Co-Chair Caitlin Maystrovsky '12**

Volunteering reconnected Caitlin to the University—now she's ready to inspire other Rochester area alumni to get involved in new and creative ways as co-chair.

[\*\*Read Caitlin's story\*\*](#)



**Meet science buff, storyteller, and seasoned mentor Robin Williamson '98, '19W (MS)**

Her time at Rochester encouraged Robin to explore her various interests in deep and meaningful ways—now she is encouraging her students curiosity in the very same way.

[Read Robin's story](#)

## News from your network

- “I have always had an innate passion for healing others and wanted a hands-on job where I could do just that.” **Christina Mather '17, '18N** participated in neurovirology research studies as an undergraduate but craved more personal connections in her daily work. **She knew the School of Nursing would be an excellent fit.**
- Check out the new podcast, **The Next Step**, featuring local School of Medicine and Dentistry alumni **Carissa Childs '02M (MS), '05M (PhD)** and **Cassandra Houser '20M (MS), '22M (PhD)** as they share stories from the job hunt, lessons learned along the way, and their top tips for those hitting the job market.

*Tell us about your career updates, family news, and more by submitting a class note.*

[Share your news](#)



## Global Days of Service

This worldwide effort invites University of Rochester alumni, parents, and friends to make a

difference through a variety of service opportunities led by Rochester volunteers. Continue the tradition of giving back throughout the month of September with volunteer opportunities in-person and online.

**This year's Rochester-based sites are:**

- Hope Cemetery Clean-Up
- National Multiple Sclerosis Society Flyer Handout and Event Prepping
  - EquiCenter
  - Flower City Pickers
  - Bake A Difference
    - RocMaidan
- Wilmot Warrior Weekend

**Join a project near you!**



The Meliora Collective's University-wide mentorship program has brought hundreds of participants together to encourage professional development, career exploration, and personal growth. Meet

your match as part of this unique and incredibly rewarding partnership by signing up as a mentor or a mentee. The next cycle opens in September!

[Raise your hand](#)



## Meliora Weekend 2023

Exciting keynote speakers, celebrity headliners, innovative academic sessions, and world-class music to soothe your soul. Not to mention the #Roc comfort food you know and love. Join us on all our campuses for an unforgettable celebration!

Be among our many special guests including:

- Two-time Peabody Award-winning comedian **Hasan Minhaj**
- Senior correspondent for the PBS NewsHour **Judy Woodruff**
  - Author **Chimamanda Ngozi Adichie**
  - Fleetwood Mac tribute band, **The Seven Wonders**
- Tony Award-winning star of Broadway's *Hamilton*, **Renée Elise Goldsberry**

[Experience the boundless possibilities, register now!](#)

## Upcoming events

### Global Days of Service

September 1 through September 30

*In-person & virtual*

### University of Rochester at Fringe Fest

Saturday, September 23

*In-person*

## Wilmot Warrior Weekend

September 29 through October 1

*In-person*

## Meliora Weekend

October 5 through October 8

*In-person*

[Full events listing](#)

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## Stay connected



*(from left to right) Rochester staff liaison **Alyssa Shoup '10, '11W (MS), '20W (EdD)** and Rochester Network Leadership Council co-chairs **Matthew Spielmann '09, '20S (MBA)** and **Caitlin Maystrovsky '12**.*

Regional network leaders help plan events, build social media presence, and connect the University of Rochester community in Rochester. If you're interested in getting involved, please contact Alyssa Shoup '10, '11W (MS), '20W (EdD) at [alyssa.shoup@rochester.edu](mailto:alyssa.shoup@rochester.edu).

Did you know? The Rochester Network is on **Facebook!**

[Rochester online](#)

## Questions

[alumni@rochester.edu](mailto:alumni@rochester.edu)





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