

## College Competency – Adaptability & Resiliency

**Ability to demonstrate flexibility and readily adjust in response to change and innovation builds perseverance, which allows re-framing of problems and navigating community resources to overcome challenges. Through this process, students identify approaches, alternate paths, or new opportunities to achieve desired results.**

Key Performance Indicator	Emergent	Proficient	Accomplished
<b><i>Exhibits a Growth Mindset</i></b> <i>Demonstrates a growth mindset by believing one can be successful even when encountering unexpected obstacles that seem insurmountable. Explores new areas/ideas and risks the prospect of failure. Views failure as an opportunity to learn.</i>	Asserts that one's knowledge and skills are fixed. Describes mistakes as failure instead of opportunities for learning. Is not receptive to feedback. Limited demonstration of resiliency during challenges. Stays within guidelines and avoids taking on new challenges.	Asserts that one can grow their knowledge and skills and realize success through effort. Accepts feedback from others. Perseveres when prompted and supported. Attempts new approaches or opportunities. Articulates learning gained through past failures.	Asserts that one can grow their knowledge and skills through self-directed efforts. Actively seeks out feedback. Does not give up easily and perseveres until the task is completed. Actively seeks out new challenges or approaches. Articulates learning gained through past mistakes and applies knowledge to guide subsequent decision-making.
<b><i>Embraces &amp; Adapts to Change</i></b>	Demonstrates limited ability to adapt to challenges. Avoids or resists change.	Willing to explore new roles, ideas and strategies. Demonstrates ability to reprioritize in response to change.	Consistently demonstrates a positive mindset when faced with new situations, adapting new ways of approaching and completing activities. Acts as a change agent to lead innovation and improve results.
<b><i>Seeks Out Resources</i></b>	Does not seek out and/or unable to locate resources to help solve problems. Has limited connections with others reducing opportunities to seek out support.	Attempts to solve problems independently and knows when, where and how to ask for help. Accepts and leverages feedback and collaboration. Works to build personal and professional support networks.	Approaches problems independently, conducting research and brainstorming ideas before requesting help. Actively seeks out help from role models or experts to fill in gaps in knowledge or ability, answer questions or to seek clarity. Works to build upon and maintain personal and professional networks.