

Player's Name _____
 Address _____
 City _____ State _____ Zip _____
 E-mail _____
 Home Phone _____
 Emergency Contact _____
 Emergency Phone _____
 Age during Camp _____
 Graduation Year _____
 Summer Team _____
 Primary & Secondary Positions _____
 Have you attended our camps/clinics before? _____

- ___ Advanced Pitching (Ages 13-18)--\$50/\$80 both*
- ___ Advanced Hitting (Ages 13-18)--\$50/\$80 both*
- ___ Beginner Pitching (Ages 7-12)--\$50/\$80 both*
- ___ Beginner Hitting (Ages 7-12)--\$50/\$80 both*
- ___ T-shirt \$10 Adult Sizes (S/M/L/XL)

PARENT OR GUARDIAN CONSENT

In consideration for allowing my child to participate in University of Rochester's Fall Softball Clinic I, as his/her parent/guardian, represent and affirm to the University of Rochester that :

- I understand that participating in athletics and other camp activities involves a risk of injury or other harm.
- All such risks are being assumed knowingly and voluntarily, including but not limited to those associated with travel to and from the camp activities.
- I will not hold the University, its employees and agents, responsible for any injury or other harm that results from participation in the camp, unless the injury or harm is caused intentionally or by gross negligence.
- My child is in good health and has no physical condition that would prevent him/her from participating in this camp.

Parent/Guardian Name Printed _____
 Signature _____
 Date _____

Checks Payable to: University of Rochester Softball

Please mail your application to: University of Rochester Softball, Goergen Athletic Center, Rochester, NY 14627.

- * If registration form is postmarked on/before pre-registration date of 10/04/09.

University of Rochester
 2111 Goergen Athletic Center
 Rochester, NY 14627

ROCHESTER SOFTBALL CLINICS

UNIVERSITY OF ROCHESTER SOFTBALL



2009 PITCHING & HITTING CLINIC

**GUEST PITCHING CLINICIAN:
RON DECOSSE**

October 18th

*At The Goergen Athletic
Center Field House*

CAMP DIRECTORS

Over the past 5 years, Rochester Softball has been on a steady incline, each season proving better than the last. One constant over these past few seasons has been, now head coach, Margaret Yerdon. She assisted the Yellowjackets to a 33-12 finish for the 2008-2009 season, setting a single-season victory record for the third consecutive year. In addition, the Yellowjackets made their third straight NCAA Division III playoff appearance. The Yellowjackets took second place in the competitive UAA Conference and repeated as the Liberty League Champions for the third straight year, posting a perfect 8-0 record. A very impressive eleven players were named All-Liberty League and five received All-UAA honors. Beth Ameno and Lindsay Macaluso, who will be returning as a junior, earned First Team NFCA All-Region honors. Kate McLean and Kim Grimes, in only their first season as Yellowjackets, earned NFCA All-Region honors as well. Team highlights include Ameno becoming only the second Yellowjacket to earn NFCA All-American honors. She was also named First Team All-UAA and First Team All-Liberty League, as well as Liberty League Pitcher of the Year. On the mound Ameno finished 23-9, appeared in 35 games, struck out 254 batters in 201.1 innings and posted a 1.25 ERA. Shortstop Lindsay Macaluso was named the Liberty League Player of the Year, First Team All-Liberty League, and First Team All-UAA. Kim Grimes was named the Liberty League Co-Rookie of the Year, First Team All-Liberty League, and First Team All-UAA. Katie McLean and Juliana Nicholson received Second Team honors in both leagues and six other players earned honors as well.

Coach Yerdon was a pitcher for Binghamton University, where she is still the career record holder in strikeouts (431) and earned run average (1.40). Yerdon earned Division II NFCA All-Region honors in 1999 and was the NECC All-Conference Pitcher of the Year in 1999 and 2000. In 2002, she earned America East All-Conference honors. Following graduation in 2002, Yerdon served as a graduate assistant pitching coach at Binghamton University, before joining the Rochester softball staff in 2004. Yerdon is joined by Assistant Coach, Jena Robertson. Robertson, a former Yellowjacket, earned NFCA All-Region honors all four years. Following graduation in 2007, Robertson served as a volunteer assistant coach for the Yellowjackets.

CLINIC INFORMATION

Pitching & Hitting October 18th

Beginner Pitching	10:00am-11:30am
Advanced Pitching	11:45am-1:45pm
Beginner Hitting	2:00pm-4:00pm
Advanced Hitting	2:00pm-4:00pm

Pre-registration fee due by October 4th:

- \$50 for single event
- \$80 for both events

Application must be postmarked on/before pre-registration date of Oct. 4th. After this date, the rate will increase to \$70 for a single event and \$100 for both events.

Each pitcher must provide her own catcher and a ball. All catchers, regardless of age, must have a medical release form signed. Catcher's equipment **will not** be provided.

Please call the Rochester softball office if you have questions about which pitching or hitting camp is right for your daughter at 585-275-9221.

If you have any questions please contact:

Jena Robertson

585.276.5104

jroberts@sports.rochester.edu

**“WHAT YOU DO TODAY
DETERMINES WHAT YOU
WILL BE TOMORROW”**

CLINIC INSTRUCTION

The Rochester Softball Clinics are designed to broaden players' knowledge and understanding of hitting and pitching. Hitting instruction will break down the mechanics of the swing and use specific drills to develop good fundamentals. Pitching instruction will go through detailed progressions from wrist snaps to full motion. The beginning session will mostly focus on mechanics and will introduce change-up as skill level permits. The advanced session will introduce different spins, including drop, curve, screw, rise and change-up as skill level permits. Each session will also recommend drills to vary workouts and to target certain problems.

SPECIAL GUEST COACH RON DECOSSE

Ron Decosse has over 35 years of experience at every level of the game. Decosse is mostly widely known for his pitching expertise. He is credited with developing much of the pitching talent that has come out of the Southern Tier, including Holly April (UMASS '92); Jenn Markert (Oklahoma State '98); Liz Wagner (UMASS '96); and Char Cook (Binghamton '98). After a successful career as a high school coach in at Chenango Forks, Decosse became the pitching coach at Binghamton University in 1995. At Binghamton Decosse developed a dominating pitching staff that still holds many of the records at BU today.

***LIMITED ENROLLMENT!
RESERVE YOUR SPACE TODAY!***

For More Information, contact: Jena Robertson
585-276-5104 or jroberts@sports.rochester.edu