

# SECURITY

TIP OF THE WEEK



## Protect Your Computer

### Malware

Malware can cause your computer to:

- Slow down
- Crash
- Not shutdown or restart

### Avoid Malware by:

- Updating your OS and Web browser software
- Using anti-virus and anti-malware software, and keeping them updated
- Only download free software from sites you know and trust
- Don't click on links in pop-ups

*Do you have ideas that should be shared as security tips of the week?  
If so, please send them to [UnivIT\\_SP@ur.rochester.edu](mailto:UnivIT_SP@ur.rochester.edu)*

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For more information, please visit:  
[www.rochester.edu/it/security](http://www.rochester.edu/it/security)

