

11 Ways to Prevent Email Spam

- 1 Use more than one e-mail address.
- 2 Never post your real e-mail address anywhere online.
- 3 Always check the privacy policy of any website that requests personal details, such as email addresses.
- 4 When you are responding via website form, read it thoroughly.
- 5 Never open email and/or download attachments from anyone if you are not expecting them and always virus scan attachments first.
- 6 Block future messages from unknown users, if your email client allows it.
- 7 Never reply to a spam email, not even to "unsubscribe."
- 8 Keep your operating system, anti-virus, anti-spyware and firewall software up-to-date.
- 9 Use any spam filters available by default from your ISP.
- 10 Use anti-virus software and/or firewalls on every computer you own/use.
- 11 Stay up to date with current scams and always report suspicious activity.

For more information on this week's tip visit www.rochester.edu/it/security/securitytipofweek.