



Research Administrator Wellbeing Phase 1

Principal Investigator: Jennifer E. B. Harman, PhD

- ▶ This is a research study that is being conducted by Drs. Jennifer E.B. Harman, PhD and Anusha Naganathan, PhD from the University of Rochester's Department of Surgery and Dr. Jane Tolbert, PhD from the University of Rochester's Clinical and Translational Sciences Institute.
- ▶ The purpose of this study is to gather information to describe wellbeing of research administrators at the University of Rochester. Specifically, we will ask about social networks and burnout.

Research Administrator Wellbeing Phase 1

- ▶ If you decide to take part in this study, you will be asked to complete a four-part online survey one time. The study collects basic information followed by three surveys. Study surveys include the Maslach Burnout Inventory, PROMIS Social Isolation questionnaire, Social Provisions Scale. All surveys (study activities) will be presented as a single RedCAP survey instrument.
- ▶ We estimate that approximately 150 subjects will take part in the Phase 1 study. Your participation will last about 20 minutes for this phase.
- ▶ At the end of the survey, you will be asked if we can contact you in the future about participating in a Phase 2 study that is related. If you agree to be contacted about the next phase of the study, we would ask you to provide your name and University of Rochester email address. We would then contact you later and provide you with the Phase 2 consent form; you can choose at that time whether or not you would like to participate in Phase 2.



Research Administrator Wellbeing Phase 1

- ▶ **Your participation in this study is completely voluntary.** You are free not to participate or to withdraw at any time, for whatever reason. No matter what decision you make, there will be no penalty or loss of benefits to which you are otherwise entitled. Taking part in this research is not a part of your university duties, and refusing will not affect your job. You will not be offered or receive any special job-related consideration if you take part in this research.
- ▶ For more information concerning this research or if you feel that taking part in the study has resulted in any research-related injury, emotional or physical discomfort, please contact: Jennifer E.B. Harman, PhD at 585-274-0749 or email her at jennifer_harman@urmc.rochester.edu.

Research Administrator Wellbeing Phase 1

- ▶ If you would like more information or to receive a copy of the survey recruitment email please reach out to Jennifer Harman at Jennifer_harman@urmc.rochester.edu
- ▶ Requesting the email be sent does not equal consent and you can still choose to participate or not at any point.