

Center, focusing on music theory and jazz studies. Although I'm in the music field, I consider my English major and religious studies minor invaluable to my success. I attribute much of my success as a teacher to the professors I had at U of R. I even self-published a music theory text I use with many of my students. Most recently and importantly, my wife, Miranda, and I are proud to announce the birth of our first child, Jacob, who arrived last September. Also, last summer my jazz-funk band, Hop Sauce, self-released a CD of original music: *Le Tasty*." The band has a website, offering free live streaming, at www.hopsauceband.com. Jono adds that he'd love to hear from classmates at jonok@sfsu.edu.

1993 **Randall Gage** has been named senior vice president of residential lending at Easthampton Savings Bank. . . . **Emily Kutner** has been named director of public relations at the United Jewish Appeal-Federation of New York.

1994 **Gregg Eisenberg** has been named associate managing partner at the Cleveland law firm Benesch. Gregg practices in the firm's corporate and securities group. . . . **Jennifer Falk** '95 (T5) writes that she and her husband, Anthony Corrao, welcomed a son, Asher Natan, and daughter, Eliana Bayla, in October. Asher weighed 7 lbs., 1 oz., and Eliana weighed 6 lbs., 15 oz. Jennifer is executive director of the Union Square Partnership in Manhattan and lives with her family in the Fort Greene neighborhood of Brooklyn. . . . **Sunshine Numrich Lahmers** has been named clinical assistant professor of cardiology in the department of small animal clinical sciences at Virginia Tech's school of veterinary medicine. Sunshine was previously on the faculty of Washington State University.

1995 **Jennifer Falk** (T5) (see '94). . . **Rich Koehler** sends an update. After six years in Seattle focused on minimally invasive and lung cancer surgery, he moved to California's eastern Sierra mountains to perform general surgery in a rural community. "Here in Mammoth Lakes," he writes, "I'm enjoying living in a small



ROCHESTER RUNNERS: Mikyong Kim Hyun '82, Chul Hyun '83M (PhD), and their daughter, Sarah, often travel to sites around the world as part of Chul's interest in running marathons.

ALUMNI PURSUITS

Marathon Mission

Setting out on his first marathon a decade ago, an alumnus finds special meaning in long-distance running.

Chul Hyun '83M (PhD) began running in his mid-40s to stay in shape, and decided in 2003, at 49, to complete his first marathon before he hit 50.

That was 56 marathons ago.

"Every one is precious," he says. "You get to meet new people and see beautiful scenery. There's endurance and hardship in running, but it does create a sense of well-being and accomplishment, and it makes me spiritually stronger as well."

Hyun runs between five and six marathons a year. Besides completing the New York City and Boston marathons, he often travels with his family to race in places such as Rome, Barcelona, and Quebec City.

He typically runs about 30 miles a week, bumping his mileage up to between 35 and 40 miles a week when in full training mode. As a gastroenterologist in private practice, he schedules early morning procedures two or three days a week in order to finish by late afternoon, when he heads to a nearby trail, with 16 round-trip miles of rolling hills, along the Hudson River near his home in Palisades, N.Y. He doesn't listen to music while exercising. "It gives me time to be alone," he says.

Marathons are also great teachers, notes Hyun. Some of his best lessons: don't be too happy to go downhill, because that just means there's an uphill battle ahead, and never under-

estimate the strength and speed of an unstylish grandmother, who once beat his time at a race in the Steamtown Marathon in northeastern Pennsylvania.

Last September, he and his wife, **Mikyong Kim Hyun** '82, ran the Rochester marathon, an event they make a point of running as a couple each fall. The course winds along the Erie Canal, not far from the Medical Center, and follows the Genesee River past the River Campus. The landmarks are special to the couple, who met while they were Rochester students—Chul studying biophysics and Mikyong studying studio arts—and to their families. Mikyong's sister, **Mihea Kim** '86, and brother, **Jong Kim** '80, also graduated from Rochester. Chul and Mikyong's daughter, 16-year-old Sarah, hopes to join the legacy to study medicine.

Hyun currently takes about four hours to run 26.2 miles, though his best time was three hours, 41 minutes.

His new plan for 2014? To complete one marathon a month.

"When you're running in one," he says, "you think, 'Why am I doing this?' But when you come to the finish line, you think differently. It's 'When is the next one?' It's really the joy of my life."

—Robin L. Flanigan

Flanigan is a Rochester-based freelance writer.