



**REAL Conversations**  
***Mental Health and Resilience and Times of Resistance***

**Additional Resources**

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**Website:**

[COVID-19 Daily Updates](#) with Dr. Jeff Gardere, America's Psychologist

**Book:**

[\*Achieving Mental Health Equity: An Issue of Psychiatric Clinics of North America\*](#)  
Altha J. Stewart & Ruth S. Shim (Eds.), Volume 43-3, Edition 1: ESLEVIER, 2020.

**Journal Articles:**

Outland, R. (2019). Symbolic meaning of violence: Urban African-American adolescent males' perspectives. *Journal of African American Studies*, 23, 233-255.  
<https://rdcu.be/b8QVG>

Outland, R., Noel T., Rounsville, K., Boatwright, T., Waleed, C., & Abraham, A. (2020). Living with trauma: Impact of police killings on the lives of the family and Community of Child and Teen Victims. *Current Psychology*. <https://rdcu.be/cbkti>

**News Article:**

Cleveland, W. (2021). New Rochester mental health response team: How it works, how to contact them. *Rochester Democrat and Chronicle*, January 22.  
<https://www.democratandchronicle.com/story/news/2021/01/22/rochester-ny-crisis-intervention-person-in-crisis-response-team-daniel-prude/4242735001/>