

UNIVERSITY OF ROCHESTER

FALL 2022 NEWSLETTER

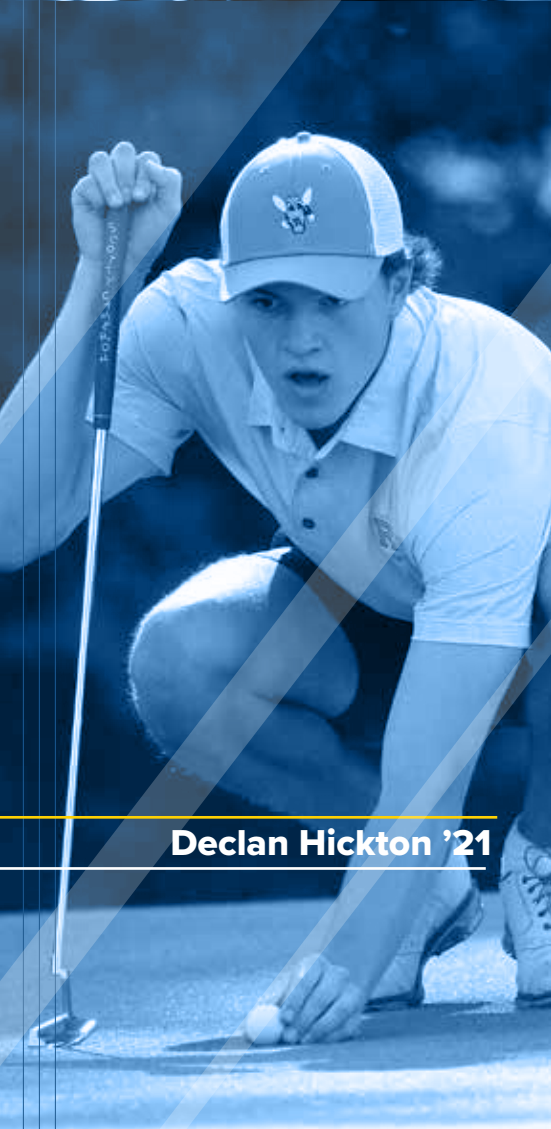


FRIENDS OF ROCHESTER  
ATHLETICS





**Shreya Mandalapu '24**



**Declan Hickton '21**



## *A message from the Executive Director of Athletics George VanderZwaag*

It's been a busy and rewarding few months, ones that culminated with the University of Rochester celebrating the achievements of the entire Class of 2022 at Fauver Stadium at the Brian F. Prince Athletic Complex. It's the first time in more than 30 years we've held Commencement at Fauver and what an honor it was. Holding the University's most significant event within our facilities is a testament to the work we've done together and the support that you—the Friends of Rochester Athletics—have given us. I am grateful and proud.

I am also optimistic. Our students, staff, and community make me this way. We've managed the challenges of the last few years and we anticipate a strong and bright future for those who enter our classrooms, join our teams, and participate in the student experience here. We've returned to a more normal year, and we continue engaging students in positive, meaningful ways academically and competitively.

We're seeing great program and recruiting success, too, and we continue to make progress toward completing our major capital project goals. For instance, March Matchness—our annual athletics challenge—exceeded all our goals with nearly 1,600 alumni, parents, and fans rallying together to raise more than \$150,000 for our sports teams. Annual support like this fuels us—it's our life blood. Thank you.

Many of you have also supported us in additional ways. For instance, grateful parents such as Dawne Hickton '79 and her husband, David, made a recent gift to our golf program. Such generosity illustrates their appreciation for the experience that their son, Declan (Class of 2021) had here; honors Coach Dan Wesley; and helps us build out the golf practice area within Fauver. Thank you to the Hicktons and to all parents and friends who provide us such vital funding.

As we prepare for the fall season, I am filled with hope. When I look at our baseball players, soccer players, swimmers, and others on paper, they share much in common. They are capable athletes as well as exceptional people. They represent some of our best academic talent in the country and they affirm that our programs attract outstanding students. Our trajectory points up and that fosters my enthusiasm for what's to come.

I'm looking forward to seeing many of you on campus in the next few months. Please join us for our football Homecoming game on October 1. Also, mark your calendars for Meliora Weekend, September 29 to October 2—a time to welcome our newest Athletics Hall of Fame members, share memories, and gather together in community.

Meliora!



**R**



# March '22 Matchness

# A Smashing SUCCESS

For 11 days in March, alumni, family, and friends came together to make our March Matchness Challenge the most successful one in history. With a mantra of “11 Days, 21 Teams, 1 goal,” teams raised a record of more than \$152,000 from 1,621 donors. Teams vied for bonus prizes for alumni, parent, and fan participation. Men’s and Women’s Rowing swept the top spot for all three categories with Women’s Soccer second in alumni participation, Women’s Basketball second in parent participation, and Women’s Lacrosse second in fan participation.

**The numbers from this year’s challenge represent an increase of nearly 8% in dollars raised (\$141,000 to \$152,000) and a 28% (1,267 to 1,621) increase in donors. For comparison, in 2019, we raised \$116,000 from 801 donors. We did not have a March Matchness in 2020 due to COVID.**

The prize money was made possible by generous gifts from alumni Neil Augustine '88, Charlotte Byers '88, Brendan P. McDonough '91, and Lou Beardell '87.

**Thank you to all who participated!**

“My experience as a University of Rochester Women’s Soccer team member has had lifelong positive impacts, and I want to continue to support U of R’s best in class coaches and athletic department administrators in guiding today’s U of R athletes toward athletic and academic excellence.”

— **Charlotte Byers '88**

“The McDonough family is so proud to support Rochester Athletics! Without Rochester Athletics, we would not have experienced some of the greatest friendships of our lives.”

— **Brendan P. McDonough '91**

“Basketball played such an important role in shaping who I am and helped me develop the leadership and teamwork skills that propelled my professional career. How could I not help in assisting U of R Athletics with a little friendly competition for the benefit of today’s student athletes!”

— **Neil Augustine '88**

“U of R Athletics was at the center of some of the most fulfilling and impactful experiences in my life and I want others to have the same opportunities.”

— **Lou Beardell '87**



# A WINNING INVESTMENT

For all the moments you celebrated victories, for those times the game or your coaches helped you learn life lessons, and for the teammates who became your best friends—Rochester Athletics made a profound difference in your life.

You can pay it forward for the next generation of student-athletes by joining the George Eastman Circle.

**Be the captain of your charitable giving by investing in your favorite team, or by supporting our Rochester Athletics fund.**

GEORGE EASTMAN CIRCLE



[GeorgeEastmanCircle.com](http://GeorgeEastmanCircle.com)



# MELIORA WEEKEND THIS IS BETTER.

Meliora Weekend 2022 is scheduled for September 29–October 2. We are very excited to have a full lineup of events this year after Meliora Weekend 2020 was canceled and Meliora Weekend 2021 was abbreviated. Below is the preliminary schedule for the weekend. For more information, please visit [www.rochester.edu/melioraweekend](http://www.rochester.edu/melioraweekend).

## Friday, September 30

5:30–9:00 p.m.	Hall of Fame Dinner	Leibner-Cooper Room
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## Saturday, October 1

10–11:30 a.m.	Men’s/Women’s Swimming, Open Swim	Aquatic Center
10 a.m.–noon	Rowing Alumni Regatta	Genesee Waterways Center
10:30 a.m.–noon	Debate Union Alumni Debate	Dewey Hall, Room 1204
10:30 a.m.–noon	Women’s Softball Alumni Game	Southside Softball field
10 a.m.–11:30 a.m.	Men’s/Women’s Soccer Alumni Game	North Field (PAC)
11:30 a.m.–1 p.m.	All-Varsity Alumni Game Pre-Game Tailgate	Stark Event Space (PAC)
1–4 p.m.	Football vs. RPI	Fauver Stadium (PAC)

## Sunday, October 2

10 a.m.	Field Hockey Alumni Game	Baseball Field (PAC)
11 a.m.	Men’s Soccer vs. U-Chicago	Fauver Stadium (PAC)
Noon–2 p.m.	FH Locker Room Dedication	Stark Event Space (PAC)
1:30 p.m.	Women’s Soccer vs. U-Chicago	Fauver Stadium (PAC)
4–5 p.m.	Golf Center Dedication	Fauver Stadium (PAC)

# DID YOU KNOW?

**Rochester had 13 teams represented at the NCAA Championships this year:**

Men's Soccer

Men's Cross Country

Women's Cross Country

Men's Basketball

Men's Swimming & Diving

Men's Indoor Track & Field

Women's Indoor Track & Field

Squash (Collegiate Squash Association Championships)

Softball

Baseball

Women's Outdoor Track & Field

Men's Outdoor Track & Field

Women's Tennis



UNIVERSITY OF ROCHESTER

# FITNESS SCIENCE

Rochester Athletics has engaged in a collaborative endeavor with the University of Rochester Medical Center's Fitness Science team. The URM team provides our students with access to industry leading wellness and peak performance experts during the academic year. Our coaches work with the team to schedule weekly sessions with consultant strength and conditioning coaches, performance psychologists, and a dietitian nutritionist.

Rochester Athletics and the URM Fitness Science team together provide our teams with the best clinical care, technology, and evidence-based practices to help reduce injuries and to achieve their highest level of personal performance. This access to URM health professionals who utilize the latest research, data science, and clinical expertise from several disciplines can help our students and teams in their pursuit of ever better.

The Friends of Rochester Athletics supports this unique opportunity to aid in the health, wellness, and experience of our students, which is critical to our success. Learn more about supporting this project by contacting Associate Director Terry Gurnett '77 at [tgurnett@sports.rochester.edu](mailto:tgurnett@sports.rochester.edu).





# MILESTONES

## **Softball—Margaret Yerdon-Grange**

Softball head coach Margaret Yerdon-Grange earned her 300th career win at home in the first game of a doubleheader sweep of Fredonia State on April 26. This is her 13th season at Rochester. She now has an overall record of 307–197.

## **O'Donnell retires as director of Athletic Communications**

After an illustrious career that spanned 42 years—with the last 34 at the University of Rochester—Dennis O'Donnell retired as director of Athletic Communications on June 30, 2022.

“This has been a long, enjoyable ride,” says O'Donnell. “Plenty of games, plenty of success, and lots of good stories to tell about coaches, athletes, and teams. It's been fun.”

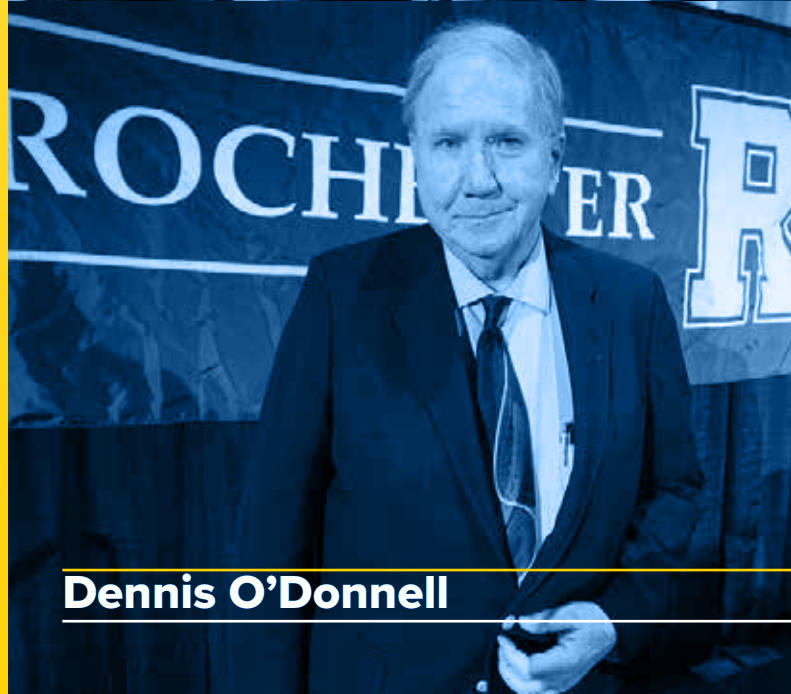
O'Donnell arrived at Rochester in 1988 and then became one of the most recognized individuals in the College Sports Information Directors of America (CoSIDA). He earned the CoSIDA 25-year award in 2006 and was elected to the organization's Hall of Fame a year later. He was honored with the CoSIDA Warren Berg Award in 2010, which is presented annually to an individual who has made outstanding contributions to the field of sports information and brought dignity and prestige to the profession.

“Over the years, Dennis advanced the field of athletic communications through his outstanding service to Rochester along with his engagement with the College Sports Information Directors of America and other professional organizations,” says Rochester Executive Director of Athletics George VanderZwaag. “He is recognized as one of the best in the field and we are deeply appreciative of all that he has done for our students and our programs.”

Effective July 2022, Scott Sabocheck became the new director of athletic communications. Sabocheck has worked in the Athletic Communications office for the past 11 years.



**Margaret Yerdon-Grange**



**Dennis O'Donnell**



**Scott Sabocheck**

# 2021-2022 DEPARTMENTAL AWARD WINNERS

## MERLE SPURRIER AWARD

**Amanda Strenk '22, a First Team All-American in field hockey and the NFCA Region III Player of the Year, has been selected as the winner of the 2022 Merle Spurrier Award from the Department of Athletics at the University of Rochester.**

Strenk, from Baldwinsville, NY, was just the fifth First Team All-American in Rochester's 51-year history as a varsity sport. She scored a single-season record 23 goals in 19 games. She led the Liberty League in points (48), goals scored (23), and game-winning goals (six). She finished 10th in Division III for goals per game (1.21) and 15th in points per game. She was also the Liberty League Player of the Year and First Team All-Liberty League.

Strenk's academic achievements stand out as well. In September 2021, she was chosen as a Lysle "Spike" Garnish Scholar, one of the top 10 senior student-athletes. She was designated as an NFCA Scholar of Distinction (GPA above 3.90) and was an NFCA Scholar-Athlete for all four seasons.

She was a member of the Liberty League All-Academic team for three years and was honored as a Second Team CoSIDA Academic All-American. Strenk is a member of Tau Beta Pi, the engineering

honor society. She was elected to Phi Beta Kappa in April 2022. She graduated with a degree in chemical engineering with a minor in environmental engineering.

## LOUIS ALEXANDER AWARD

**Brian Amabilino Perez '22, the men's basketball team's co-captain as well as the leading scorer and rebounder, was honored as the recipient of the Louis Alexander Alumni Award for 2022 as the top men's senior athlete at the University.**

Amabilino Perez, from Sant Cugat Del Valles, Spain, was a First Team All-UAA player, First Team All-District by the NABC, and Second Team D3hoops.com All-Region. He helped the team earn its 21st spot in the NCAA basketball playoffs this past season.

Academically, Amabilino Perez earned First Team Academic All-District honors from the College Sports Information Directors of America. He was selected three times to the UAA All-Academic Team and twice to the NABC Honors Court. In September 2021, he was honored as a Lysle "Spike" Garnish Scholar.

Amabilino Perez served as a first year fellow and workshop leader for organic chemistry. He earned a certificate in

community innovation and second prize in the COVID-19 Challenge. He also did an independent research project on protein crystallization. He was elected to Phi Beta Kappa in April 2022 and graduated as a biological sciences major.

## SYLVIA FABRICANT AWARD

**Susan Bansbach '23, is a year-round athlete who plays field hockey and competes with both indoor and outdoor track & field teams. With track & field, she is a seven-time All-American and an eight-time Liberty League champion. She was the Liberty League Indoor Track & Field Rookie of the Year in 2020 and conference Outdoor Track Performer of the Year in 2022.**

Bansbach holds five Rochester records and six Liberty League championship records. At the NCAA outdoor championships in 2021, she ran on the 4x400 relay which finished third nationally. This winter, she was fifth in the 400 meters at the NCAA Championship race and ran on the 4x400 meter relay team which finished fifth. At the outdoor NCAA's this spring, she placed fourth individually in the 400 meters and was on the sixth place 4x400 meter relay squad.



Amanda Strenk '22



Brian Amabilino Perez '22



Trent Noordsij '21, T5 '22



Emma Schechter '22



Jarod Forer '22

### JOHN VITONE AWARD

Trent Noordsij '21, T5 '22, a co-captain of the men's basketball team as a fifth-year senior and three-year starter, was selected as the winner of the John Vitone Award for 2022.

Noordsij, from New London, NH, helped his team to NCAA Division III playoff appearances in 2018-19 and 2021-22. Statistically, he averaged a career-high 10.3 points per game in 2021-22 and was among the team leaders in three-point percentage and free throw percentage. After the season, he was named honorable mention All-UAA.

Noordsij was named to the UAA All-Academic Team multiple times and was a member of the NABC Honors Court (National Association of Basketball Coaches). He won the Department of Athletics Peter DiPasquale Award as the male scholar-athlete of the senior class in 2021 and was elected Phi Beta Kappa that same year. He is a member of the American Society of Mechanical Engineers.

### TERRENCE L. GURNETT FEMALE SCHOLAR ATHLETE AWARD

Emma Schechter '22, a three-time All-Region selection as the goalkeeper on the women's soccer team was selected

as the Terrence L. Gurnett Female Scholar Athlete for academic excellence.

Schechter, from Bellair, FL, finished her career with 16.5 shutouts, the sixth highest total in program history. She is seventh in career saves (192) and tied for 10th in career victories (23). She was named to the All-University Athletic Association team each year, attaining Second Team honors in 2019 and 2021.

Academically, she was named a Scholar All-American by the United Soccer Coaches following the Fall 2021 season. She was elected First Team Academic All-District by the College Sports Information Directors of America at the same time. The United Soccer Coaches named her a Player of Distinction in 2020. She was chosen as a Provost's Circle Scholar for having one of the highest GPAs in her class. She is a Garnish Award winner and was elected to Phi Beta Kappa. Schechter graduated with a degree in data science and was a tutor for mathematics and science courses and a teaching assistant in leadership and psychology.

### PETER DIPASQUALE MALE SCHOLAR ATHLETE AWARD

Jarod Forer '22, who is one of Rochester's best multi-event performers in track & field, was selected as the

winner of the Peter DiPasquale Male Scholar-Athlete Award from the Department of Athletics and Recreation.

Forer, from Glen Rock, NJ, earned six letters for indoor and outdoor track & field. At the Liberty League indoor championships in early spring, he won the heptathlon title, which helped Rochester win the team title for the first time since joining the league in 2018. Forer is ranked #4 in Rochester history for points scored in the indoor heptathlon, #5 in the pole vault, and #7 for the decathlon. For the outdoor season in 2022, he ranked in the top-50 in the decathlon for Division III.

Forer was a mechanical engineering major who accumulated numerous academic awards in addition to his athletic accolades. He was elected to Phi Beta Kappa, named as a Provost's Circle scholar and was a member of Tau Beta Pi. He was awarded a Graduate Research Fellowship from the National Science Foundation. He served as a member of the Presidential Student Advisory Committee in his sophomore year. He was a research assistant in the UR Mixing Lab since 2020 and a teaching assistant for a fluids lab in mechanical engineering. He was the social media chair for Rochester's Varsity Student-Athlete Advisory Committee and named Academic All-District by CoSIDA.



**Lucy Haggerty '23**



**Brian McKinsey '22**



**Madeline O'Connell '23**



**Jarod Forer '22**

**Eight Rochester athletes received 15 All-America honors and three others earned Academic All-America accolades this past year and 17 earned Phi Beta Kappa honors.**

### **All-Americans**

**Amanda Strenk '22** (Field Hockey), **Julianna Okoniewski '22** (Women's Basketball), **Susan Bansbach '23** (Women's Indoor Track & Field) x2, **Eileen Bequette '22** (Women's Indoor Track & Field), **Kristin Hardy '23** (Women's Indoor Track & Field), **Madeline O'Connell '23** (Women's Indoor Track & Field), **Scott Sikorski '23** (Men's Outdoor Track & Field), **Susan Bansbach '23** (Women's Outdoor Track & Field) x2, **Eileen Bequette '21, '22 T5** (Women's Outdoor Track & Field), **Kristin Hardy '23** (Women's Outdoor Track & Field), **Madeline O'Connell** (Women's Outdoor Track & Field) x2, **Josephine Libby '25** (Women's Tennis)

### **Academic All-Americans**

**Nicholas Petruzzello '22** (Football), **Amanda Strenk '22** (Field Hockey—At-Large), **Eileen Bequette '21, '22 T5** (Women's Cross Country/Track & Field)

### **Phi Beta Kappa**

Representing Rochester varsity student-athletes in the newest class are seniors, **Brian Amabilino Perez** (Men's Basketball), **Joe Bumpus** (Men's Track & Field), **Jack Dippolito** (Football), **Jarod Forer** (Men's Track & Field), **Adam Hopson** (Men's Swimming and Diving), **Juney Lee** (Field Hockey), **Kudzai Mbinda** (Men's Track & Field), **Brian McKinsey** (Baseball), **Tommy**

**Oddo** (Men's Cross Country/Track & Field), **Julianna Okoniewski** (Women's Basketball), **Nicholas Petruzzello** (Football), **Luke Polson** (Baseball), **Alex Pritchard** (Field Hockey), **Emma Schechter** (Women's Soccer), **Kailee Sowers** (Women's Soccer), **Amanda Strenk** (Field Hockey) and **Damon Yargeau** (Football).

### **Provost's Circle**

The members of the Provost's Circle Scholars for 2022 are **Jason Cobert '23** (Baseball, Neuroscience), **Rachel Dennis '23** (Women's Track & Field/Cross Country, Mathematics), **Lucy Haggerty '23** (Lacrosse, Microbiology), **Max Hughes '23** (Men's Track & Field, Chemistry and Biochemistry), **Matt Kiel '23** (Men's Swimming & Diving, Marietta, Political Science), **Frederick Liu '23** (Men's Track & Field, Computer Science and Political Science), **Shray Parimoo '23** (Men's Soccer, Computational Biology), **Becca Rust '23** (Women's Soccer, Environmental Science, and Gender, Sexuality, and Women's Studies), **Iva Savic '23** (Women's Track & Field, Psychology), **Jaelyn Shaver '23** (Women's Swimming & Diving, Microbiology), **Vanessa Wish '23** (Women's Track & Field, Linguistics and Ethnomusicology).



# FOREteenth

Friends of Rochester Athletics

## Golf Classic

The 14th Annual Friends of Rochester Athletics Golf Classic was held on June 16, 2022, at Ravenwood Golf Club in Victor, NY.

**“It was another successful golf outing with more than 90 golfers participating and showing their support to Rochester Athletics,” says VanderZwaag.**

Pre-tournament lunch, 18 holes of golf at the picturesque course, event competitions, and dinner following play highlighted the day. A brief thunderstorm late in the round interrupted play, but golfers were able to resume their rounds with each group finishing off their 18-hole schedule.

As usual, the event could not be held without the generous support of our sponsors, and we would like to recognize them. Tournament sponsors include the Rochester Area

Toyota Dealers, Wegmans Food Markets, Canandaigua National Bank, Giant Enterprises/John Mattioli, G&G Fitness, Harvest Table Culinary Group, Pepsi-Cola Rochester, CNB Mortgage/Adam Smith, Tompkins Community Bank, Empire Kitchen & Bath, UR baseball families and Staybridge Suites-Rochester University.

For the second straight year, the men’s basketball head coach Luke Flockerzi and his team of JC DeLass, John Nally '97 and Kevin Downey took the team title with a team score of 14-under, 58.

That group edged out runner-up finishers Joe Reina, Cory Lamberton, Eric Rozen and Steve Gutch '90 who finished in second for the second straight tournament, ending at 13-under, 59.

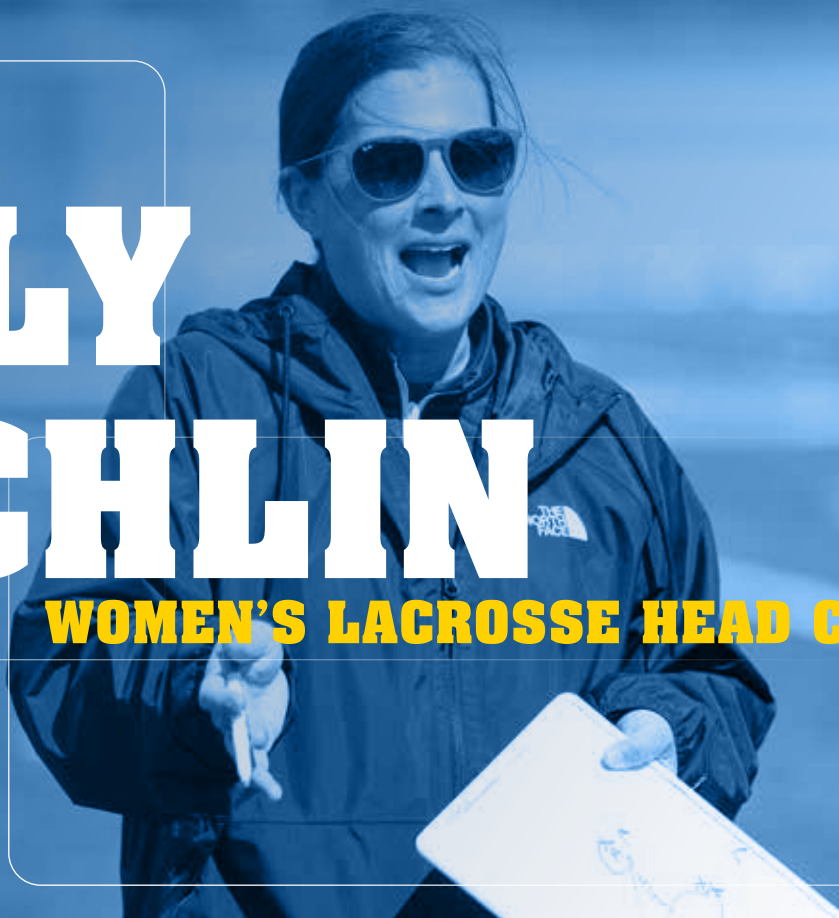
Thank you to everyone who participated in this terrific event and showed their support of Rochester Athletics. Stay tuned for details on next year’s classic and we hope you join us.

**MEET**

# CARLY RITCHLIN

**WOMEN'S LACROSSE HEAD COACH**

By Kristine Kappel Thompson



**This seasoned coach focuses on motivation, team culture, and positively influencing young lives.**

Carly Ritchlin became head coach for women's lacrosse in August 2021, leading a roster of 30 athletes. "I'm excited to build a program around such strong women," she says. "My focus is on developing a foundation

for success—building a team culture, motivating the players, and being a positive influence in their lives."

Over the course of her 20-year coaching career, including 18 at nearby SUNY Geneseo, Ritchlin has stacked up more than 200 victories. She ranks among the top 20 active coaches in Division III in career wins.

"I'm looking forward to continuing the growth of our program and our players, on and off the field," says Ritchlin.

**"Rochester is so full of opportunity, and I am impressed with its commitment to students, academics, and athletics."**

## **EYEING OPPORTUNITY**

Ritchlin is motivated by the potential she sees, the passion of the team, and the way the University of Rochester community has welcomed her. Joining the Rochester Athletics coaching staff was a bit of a surprise to her. The former head lacrosse coach, Sue Behme, told Ritchlin of her plans to take another job and invited her to campus, thinking that this could be a great fit for her. She showed me all of the tremendous resources, including how the team gets the support of an assistant, a strength and conditioning coach, a sports psychologist, and a nutritionist," she says. "I was energized, and something clicked in me. I believed in what I saw happening here and knew I could add value and be successful here."

## **GETTING IN THE GAME**

Ritchlin has always loved sports. In high school, she played both soccer and lacrosse. A knee injury took her out of

one soccer season and prompted her to focus on lacrosse. As a 2001 Cortland graduate, Ritchlin was a four-year letter-winner, a two-year starter, and captain during her senior campaign for the Red Dragons. She majored in exercise science and aspired to become a strength conditioning coach at a Division I school.

An internship at RIT changed that. She worked with several teams, designing strength programs and developing agility workouts. Administration noticed her and offered her a part-time lacrosse coaching position. Ritchlin loved it. They then asked her to take on the head coach position for the spring season. “That job set me on the course of my career,” she says. “It gave me the experience to get the Geneseo coaching position.”

### ENJOYING THE WINS

Winning, to Ritchlin, comes in all forms, big and small. For instance, it comes when making connections with the team. “In one of our first workouts, I think I surprised the team with how enthusiastically I jumped into the motivational speaker role,” says Ritchlin. “They fed off of it, and still do. I like to tell them that they have another gear in them—they just need to find it and cultivate it. We all do.”

Her favorite part of the job? The relationships. “When I was 24 and coaching, my favorite part was winning,” she says. “But now, at 44, it’s about having a positive impact on these women. I take that seriously. If you take lacrosse out of the equation, I want them to leave here after four years as better people. If I can help them hone their strengths and great qualities while challenging them in the process, we’re all better off, as a team and as people.”

### PERSONAL

Lives in Penfield with her husband, Scott; 15-year-old daughter, Mia; and 12-year-old son, Ryan

**Favorite activities (outside of coaching):** I attend as many of my kids sporting events as possible. Ryan is a travel baseball player and Mia is on an Olympic development soccer team. I am also obsessed with landscaping, and I love golf.

**Biggest challenge you’ve overcome and how you did it:** I lost both my parents when they were young. My dad was 56 and my mom was 60. I draw on the amazing childhood they gave me and my three sisters. I think having gone through such loss helps me appreciate my family, my friends, and my lacrosse community even more.

**One thing you’ve wanted to do but never have:** Jump out of an airplane—that would be amazing.

**Something you can’t live without:** Music. It filled the house growing up and today I love all genres. Right now, I’m really into Tina Turner. My daughter is starting to sing along to her, too.

**What would surprise people to know about you?** I played the trumpet throughout middle and high school and was in the jazz band.

**Every day I look forward to . . . ?** Interacting with people. I have great connections in my life, and I love waking up and thinking “who will I get a text from today?”

**What are you reading?** I’m just starting *The Compound Effect* by Darren Hardy, which is about harnessing the core principles that drive success. I don’t read books for leisure; I like to read for information and inspiration.

### A favorite saying:

I have two.

**“This is the hand you are dealt and it’s up to you how you want to play it.”**

I tell that to my kids and my players—we all have choices. Let’s make the best ones. The other is:

**“It’s okay to make a mistake, but don’t make it twice.”**

I underscore this, too, that we have to make mistakes—it’s how we grow.



# 2022 Spring Sports Wrap-Up

**Aaron Whitley '23**



## **BASEBALL (31-13 OVERALL, 16-3 LIBERTY LEAGUE)**

### **Team Accomplishments**

- School record 31 wins
- Best regular season record in the Liberty League, 16-3
- Made it to the Liberty League Tournament Championship round
- Record number 13 All Liberty League team selections—most of any Liberty League teams
- Received school first ever baseball NCAA At Large tournament berth
- Hosted school's first ever NCAA regional tournament

### **Individual Accomplishments**

- Joseph Rende '22, Brian McKinsey '22 and Jacob Matzat '22 selected to CoSIDA Division III Academic All District 1st Team
- All-Liberty League: 1st Team: Nolan Sparks '24, Trevor Van Allen '22, Thomas Karpishin '23, Rende, Aaron Whitley '23, Matzat. 2nd Team: Harper Sy '22, Jackson Reed '24, Colby Cruser '25 (Pitcher and Utility Player). Honorable Mention: Luke Piontek '22, Josh Leadem '24
- D3baseball.com All-Region selections were Sy, Sparks, Cruser, Karpishin, Matzat, with Cruser being the Region 3 Rookie of the Year
- The ABCA selected the following to the All-Region Team: Whitley, Sy Sparks, Van Allen, and Karpishin

## **WOMEN'S ROWING**

### **Team Accomplishments**

- At Head of the Genesee, Rochester won in the first eight, second eight, and novice eight. This is the first time the women have taken gold in the first varsity eight at this event

- At Head of the Schuylkill in Philadelphia, the women's squad swept the floor with the first eight, novice eight, and novice four all finishing as the best Division III boats in each race
- Every woman that raced at Head of the Schuylkill won at least one medal making UR the top Division III school that raced at Head of the Schuylkill
- At Liberty League Championships the team impressively earned silver in both the first and second eights.
- On the NCAA regional rankings the Yellowjackets ranked as the third team in NY
- Rochester ended the season ranked #13 in Division III

### **Individual Accomplishments**

- Eleanor Mancusi-Ungaro '22 won the 2021-2022 Lysle 'Spike' Garnish Award
- Hope Havenhill '22 broke the school's 2K erg record that was set 11 years ago with a time of 7:11
- Havenhill and graduate student Riesa Cassano were named 1st team All-Liberty League
- Rachel Anthony '22 and Caroline Murphy '24 were named 2nd team All-Liberty League

## **SOFTBALL (26-15, 13-1 LIBERTY LEAGUE)**

### **Team Accomplishments**

- Won regular season Liberty League title and Liberty League Tournament
- NCAA Regional Automatic Qualifying Bid
- Had a record 18-game winning streak
- Started season ranked 9th in NFCA Top 25 poll, finished season



- ranked 2nd in New York Region
- Eight players were named Liberty League All-Academic

### Individual Accomplishments

- Eight Yellowjackets were honored by the Liberty League: Ally Kim '25 named Rookie of the Year and Lauren Keys '25 named Co-Pitcher of the Year; 1st Team All-Liberty League, Kim, Keys, Bailey Nicholoff '25; 2nd Team, Emily Sharlach '23, Hannah Keiper '23, Molly Mason '25, Loren Castilloux '24, Allison Beckwith '23
- Two named NFCA All-Region; Kim 2nd Team, Keys 3rd Team
- Keiper Most Outstanding Player for the Liberty League Conference Tournament
- Kim named a Schutt NFCA Top-10 Finalist for Freshman of the Year and set a new single season record for stolen bases with 46 out of 48 chances
- Beckwith, Keiper and Alexis Klee '23 were named 1st Team Academic All-District by CoSIDA
- Eight players named Liberty League All-Academic: Beckwith, Abbie Biggs '22, Castilloux, Hunter Gilbreath '24, Keiper, Klee, Sharlach, Madi Turner '23
- Rochester coaches named Liberty League Coaching Staff of the Year
- MK Wheat Named NFCA Assistant Coach of the Year

## WOMEN'S LACROSSE (5-9, 2-8 LIBERTY LEAGUE)

- Had wins vs. D'Youville, Oneonta, Vassar, Bard, and Nazareth
- Winning record (4-3) on the road
- Three Rochester alumni came back to Rochester on the sidelines as assistant coaches: Maggie McKenna, Paige Smith, and Claire Heffernan
- Ten Liberty League All-Academic selections

### Individual Accomplishments

- Lucy Haggerty '23 ranked 3rd in Liberty League stats for assists per game and named 1 of 11 Provost Circle Scholars of 2022
- Grace Crocheire '24 ranked 1st in Liberty League Stats for Ground Balls per game
- Kate Lindsey '22 and Emma Little '23 were named Honorable Mention All-Liberty League
- Gracie Giannettino '25 and Hannah Goldberg '25 were picked as the Liberty League Women's Lacrosse Rookie of the Week during the season
- Giannettino was the team's leading scorer with 37 goals and nine assists

## MEN'S GOLF

- Competed against one of the toughest schedules in the country, reaching a team national ranking of #21
- Won the Nazareth Invitational, led by medalist Brendan Frain '23 with rounds of 74-74

- Finished 7th out of 30 teams at the Jekyll Island Invitational, where there were 20 ranked teams in the field, led by Tom Liu '24 with rounds of 70-72-69, who finished 10th individually
- Finished runner-up out of 17 teams at the Hershey Cup, led by Frain who finished 5th with rounds of 73-72
- Won the Kravetz Invitational for the 2nd straight year, led by medalist Nishant Datta '22 who won the event shooting rounds of 73-75
- A record five players nominated for GCAA Scholar All-American honors: Lewis Raboy '22, Datta, Frain, Liu, and Kerry Wang '24
- Finished the regular season as the #1 ranked team in the region

### Individual Accomplishments

- All-Region honorees: Datta, Frain, Liu and Raboy
- Datta, Liu and Raboy named Honorable Mention All-Liberty League
- All-UAA Honors: Liu and Datta were both selected to the 2nd Team
- Liberty League and UAA All-Academic: Datta, Jack Feliciano '23, Liu, Will Meinhardt '23, Raboy, Wang, and Jonathan Zou '24

## MEN'S OUTDOOR TRACK & FIELD

### Team Accomplishments

- Rochester men earned a runner-up team finish at the Liberty League Outdoor Championships at Vassar
- The Yellowjackets finished 23rd

**Grace Crocheire '24**



# Spring Sports Wrap-Up (cont.)

as a team at the All-Atlantic Region Championships

- Rochester finished 38th at the NCAA Division III Outdoor Track & Field Championships
- The Yellowjacket men compiled a team GPA of 3.52 during the spring 2022 semester, earning USTFCCCA All-Academic team honors

## Individual Accomplishments

- Scott Sikorski '23 was named the Liberty League Men's Track Performer of the Year, after winning League titles in the 1500 meters and 800 meters
- Sikorski finished 3rd in the 1500 meters (3:48.11) at the NCAA Outdoor Track & Field Championships, earning his first career All-America honor
- Alex Ospahl '23 won the Liberty League title in the decathlon
- Cole Goodman '25 won the Liberty League Triple Jump title and set a new school record in the long jump (23' 5.5") at the Rochester Spring Invite in April
- Aeden Angelone '24 qualified to the NCAA Championships in the Decathlon and finished 14th in the nation in his first Nationals appearance—was also the Liberty League runner-up in that event
- The 4x100 relay team of Mitch Lienert '24, Gabe Lundy '23, P.J. London '25 and Manny Eribo '25 set a new school record at the Geneseo Quad Meet in April, breaking the previous record from 2013
- At the annual Rochester Athletics Award Dinner, team captain Jarod Forer '22 won the Peter DiPasquale Award, which recognizes the top male scholar-athlete in the varsity athletics program

## WOMEN'S OUTDOOR TRACK & FIELD

### Team Accomplishments

- The Yellowjacket women won the Liberty League Outdoor Track & Field title, which was the program's first team title since joining the Liberty League in 2018
- Rochester's women finished 7th of 44 schools at the All-Atlantic Region Championships at Moravian University
- The Yellowjackets finished 29th as a team at the 2022 NCAA Division III Outdoor Track & Field Championships
- The Yellowjacket women compiled a team GPA of 3.52 during the spring 2022 semester, earning USTFCCCA All-Academic team honors
- Rochester coaches were named 2022 Liberty League Coaching Staff of the Year for Women's Outdoor Track & Field

### Individual Accomplishments

- Susan Bansbach '23 was named Liberty League Women's Track Performer of the Year, after winning League titles in the 200 meters, 800 meters, and 4x100 relay and setting new meet records in all 3 events at the Liberty League Outdoor Championships
- Bansbach and Madeline O'Connell '23 both earned All-America honors in the 400 meters—Bansbach finished 4th at the NCAA Division III Championships with a new school record :54.48, and O'Connell finished 7th at Nationals in the same race
- The 4x400 relay team of Bansbach, O'Connell, Kristin Hardy '23, and Eileen Bequette '21, '22 (T5) earned All-America honors, after finishing 6th at the NCAA Outdoor Track & Field Championships—they established a new school record of 3:44.63 at the AARTFC Championships
- The 4x100 relay team of Bansbach,

- O'Connell, Kate Isaac '24, and Ashley Heffernan '24 qualified to the NCAA Championships and finished 16th in the Nation and established a new school record of :47.31 at the Nazareth ROC City Final Qualifier
- Heffernan also won the Liberty League title in the 100 meters (:12.26) and Alyssa Hoogs '23 won the Liberty League title in the Triple Jump (36' 11.75")
- Bequette qualified to the NCAA Championships in the Heptathlon for the fourth time in her career and ended the season with the sixth-best score in NCAA Division III in that event (4,715 points)

## WOMEN'S TENNIS (7-8, 0-3 UAA)

### Team Accomplishments

- Team earned a Northeast regional ranking season high of #17
- Yellowjackets defeated UAA rival Brandeis 5-4
- Defeated regional opponents RIT, William Smith, St. Lawrence, and Geneseo
- Rochester earned the ITA's Team Academic Award

### Individual Accomplishments

- #1 singles player Josephine Libby '25 was named an ITA Division III All-American. She won two rounds at the NCAA Division III Championships to reach the tournament quarterfinals, marking the furthest a Rochester player advanced at nationals since 2001. Libby ended the season ranked #29 nationally and #10 in the northeast region.
- Camila Ruiz Vega '22 and Libby advanced to the semifinals of the ITA Northeast Regional Doubles Championships. The #1 doubles duo earned an overall win/loss record of 16-7 and achieved a northeast

regional ranking high of #13. At the UAA Championships, Ruiz Vega and Libby pushed the number one nationally ranked team Chicago to a tiebreak at #1 doubles. They defeated Division I #1 doubles teams from both Colgate and Niagara in dual matches.

- At the UAA Championships, Olivia Waysack '22 and Stephanie Kim '25 won at the third doubles position along with Ruiz Vega and Libby winning at #1 doubles vs. NYU.
- Olivia Waysack '22 was named a Lysle "Spike" Garnish Scholar for excellence both in the classroom and in tennis.
- Shreya Mandalapu '24, Jaclyn Dron '24 and Waysack earned All-Academic recognition from the UAA.
- Libby and Ruiz Vega were selected

as All-UAA performers, with Libby garnering recognition in both singles and doubles.

- Dron, Libby and Waysack were named ITA Scholar Athletes.

## **MEN'S TENNIS (7-9, 0-3 UAA)**

### **Team Accomplishments**

- Yellowjackets' earned a Northeast team regional ranking high of #19
- Team defeated UAA rival NYU 5-4 during the regular season
- Defeated regional opponents: Union, Ithaca, RIT, and St. Lawrence
- UR was named an ITA All-Academic Team

### **Individual Accomplishments**

- Krish Vennam '25 captured the SLU Fall Classic A flight singles title and

reached the round of 16 at the ITA Northeast Regional Championship. He earned an overall record of 15 wins and 5 losses.

- Kai Yuminaga '23 had a 10-3 dual match win/loss record. Yuminaga had a six match win streak during the regular season and defeated Division I Colgate's #3 singles player in straight sets.
- At the UAA Championships, the duo of Runjia Fang '22 and Yuminaga won at number 1 doubles vs NYU
- Adrian Zhang '22, Kenneth Lee '23, Rohan Dhawan '24, and Kei Ogawa '24 earned UAA All-Academic honors
- Four players were named ITA Scholar Athletes: Dhawan, John Hui '25, Vennam, and Zhang.



**John Hui '25**

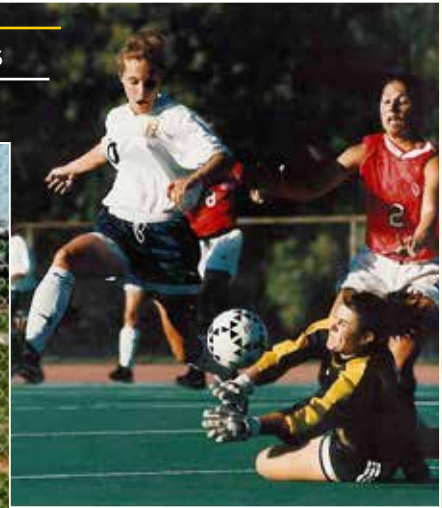
## **Fall Schedules**

*Fall sports start up in September. For the latest updates and schedule, please visit our website at [uofrathletics.com](http://uofrathletics.com).*



**Dietrich**

**Garsys**



**Willmert**



**Wescott**



**Gage**

# 2022 ATHLETIC HALL OF FAME

*After an absence of two years, the 2022 University of Rochester Athletic Hall of Fame Dinner will be held at 6 p.m. on Friday, September 30, 2022, in the Feldman Ballroom in Frederick Douglass Commons. The 2022 Hall of Fame inductees, their families and friends, and current Hall of Fame members are invited to share this special evening. Online registration is required through the Meliora 2022 website at [rochester.edu/melioraweekend](http://rochester.edu/melioraweekend).*

### **Kirk Dietrich '98** **Men's Soccer**

Four-year starter, two-year team captain, First Team NSCAA All-American, UAA Player of the Year, led team to two NCAA Tournaments and one UAA Championship, two-time All-UAA honoree, First Team NSCAA All-Northeast, selected for the UMBRO Senior Select All Star Classic.

### **Leslie Willmert Donato '99** **Women's Track & Field**

Willmert Donato placed third, second, and first at the UAA championships for weight throw during her sophomore, junior, and senior years, respectively and set a new school record in that event. She placed second, second, and first at the UAA championships for hammer throw during her sophomore, junior, and senior years, respectively, set three new school records for the hammer throw, placed 6th at the NCAA Division III Championships, USTFCCA Outdoor Track & Field All-American, twice named UAA Women's Track and Field Athlete of the Week, selected for five All-UAA awards and two UAA All-Academic awards.

### **Marcus Gage '94** **Men's Track & Field/ Cross Country**

Twelve-time varsity letter winner for track and cross country, 1994 CoSIDA Academic All-American, two-time All-American, two-time First Team All-UAA honoree, three-time Second Team All-UAA, team captain for track and field, and member of the 1991 NCAA Division III National Cross Country Championship Team helped lead the team to four NYSCT&FA Championships, two UAA Championships, a Regional Championship, 5th runner for the 1992 NCAA 2nd place team, 1st runner for 1993 7th place team and finished 15th individually, 3rd runner for 1994 3rd place team and finished 35th individually, placed 9th at the NCAA Outdoor Track & Field Championships for the 10000m run, Most Improved team award as a sophomore, Most Outstanding as a senior, UAA Indoor Track champion for the 3000m and 5000m runs, Champion in 10000m run in the Outdoor NYSCT&FA Championships.

### **Aria Garsys Goodberlett '00** **Women's Soccer**

Four-year starter, two-time All-UAA First Team, two-time All NYSWCAA First Team, NYSWCAA Player of the Year, three-time NSCAA All-Northeast Region, NSCAA All-American, team captain, led team to three NCAA Tournaments. Top 10 in career goals scored, winner of Merle Spurrier Award.

### **Kelly Wescott Mick '05** **Women's Basketball**

Four-year starter, finished career 8th All-time in points scored, 15th in scoring average, 13th in field goals made, 9th in shooting percentage, 2nd in free throws made, 6th in free throw percentage, and 11th in rebounds. She is a Chuck Resler Tournament MVP, an NCAA Division III Sectional MVP, Rochester Area College Player of the Year, and a JP Morgan Chase MVP, WBCA Honorable Mention All

American, First Team D3hoops.com All-East Region, two-time First Team All-UAA, led her team to two final four appearances, and received NCAA Division III Final Four All-Tournament Team honors both years.

### **Hall of Fame Nominations**

The University of Rochester Athletic Hall of Fame nomination process is open to everyone. The 2023 selection process will begin again in January 2023. We encourage you to participate by submitting the names of worthy candidates. Please submit your nomination to the committee through Associate Director Terry Gurnett '77 at [tgurnett@sports.rochester.edu](mailto:tgurnett@sports.rochester.edu).

Your submission should include as much factual information about the individual as possible. Nominees may be contacted for more information.

#### **Criteria:**

- All nominees must distinguish themselves as a University of Rochester athlete, coach, or friend
- They should represent a range of eras
- They can be inducted posthumously

Tony Ortega '14

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Trent Noordsij '21, T5 '22



Support of the Friends of Rochester Athletics is critical to the University of Rochester's continued pursuit of excellence. With your help, the University is able to recruit nationally and provide students with special opportunities, such as enhancing team travel or funding an international tour. Technology can make our teams better—enhanced video equipment aids in recruiting, scouting, and preparing our students to compete.

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*Women's Rowing: Members of the Varsity 8 boat with the Head of the Genesee championship cup, fall 2021*

