

# The Student Organization Insider

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## Douglass Community Kitchen Trainings

This is the required training in order to be able to reserve and use the Douglass Community Kitchen. In this training we will cover kitchen policies & procedures, basics of food safety, fire safety, and safe equipment use. Participants should sign up ahead of time using this [form](#) and should come prepared with a phone or computer to take an online quiz at the end of the training.

Sign up for one of these scheduled trainings:

Friday, 1/19 at 11:00am

Monday, 1/22 at 3:00pm

Thursday, 1/25 at 10:00am

## Winter Activities Fair

THIS FRIDAY, January 19th, 2018 from 3:30pm to 5:00pm in Goergen Athletic Center on the Zornow Courts. Come out to promote your group and to get new members for the new semester. Registration is now open click [here](#) and closes tomorrow at 11:59pm.

## Douglass New Lighting Demo

*Wednesday, January 24, 2018*

*12:30-2:00pm*

*Douglass Commons, Feldman Ballroom*

Please join us in an "open house" type setting where you can see our new lighting fixtures in the Feldman Ballroom that will be available for events this semester! This is a perfect opportunity to ask questions about how this lighting might benefit your next event!

## Student Funding Portal

The College Dean's Office is now piloting a new online student funding portal for the spring, summer, and fall 2018 semesters. The portal will serve as the central space for undergraduate students to request supplemental funding from College departments in order to participate in academic or co-curricular experiences. For more information, or to access the portal, please visit the [College Supplemental Funding website](#).

*The information in this edition promotes your organization's success. You don't know what you don't know and we want you to know. WCSA hopes that this publication will keep you informed of student organization operations/opportunities. For more information on policies and procedures, visit the WCSA website at <http://rochester.edu/college/wcsa/>.*

## Become an Orientation Committee Member



JOIN THE 2018 **NEW AND IMPROVED**  
*Orientation Committee*

*Plan & implement Orientation!  
Leave UR mark on the University,  
learn lots of real world skills, and  
experience a job like no other!*

**WELCOME NEW STUDENTS** **APPLY ON JOBLINK**

contact Justin Bruce at  
justin.bruce@rochester.edu  
with questions

*Information Session*

**TUESDAY DEC. 12**  
4:00 pm in Genesee 325

LOOK OUT FOR MORE INFO  
SESSIONS IN JANUARY!!

Have you ever wondered what you can do to change someone's UR experience?

Shape the future of a new student's life at the University by planning and implementing Orientation for new entering students including the Class of 2022, transfer students and exchange students! This is a paid committee experience with an opportunity for full time summer employment if interested.

Don't miss your chance to have an impact on the University, learn lots of real world skills, and experience a job like no other!

Applications, Resumes and Reference Forms are found [HERE](#) are due Friday, January 26th, 2018 by 5:00p.m. on JobLink! [BlackBoard→Services→Jobs]

## Student Organization Kudos

Do you have something exciting to share about your organization? We would like to feature exciting news in each month's Organization Insider! Fill out this [form](#) and let us know what you'd like to share!

### **Administration & Review Committee (ARC) Announcements**

Organizations granted preliminary status:

- UR Korea Connection
- Awareness, Support, and Community Efforts for Neurodegenerative Disorders (ASCEND)

Organizations granted final recognition:

- Sonar Despierto

To connect to these new organizations visit their CCC page.

## Medallion Workshop Opportunities

A three-tiered leadership development program with you and your schedule in mind. Start by [enrolling!](#) Encourage future e-board members to start now. If your organization would like to request a workshop or cosponsor one please fill out this form [here](#).

All workshops will be held in Douglass Commons, Room 401 unless otherwise noted\*

DATE	TIME	PRESENTER	TITLE	DOMAIN
Wednesday 1/17/18	7pm-8pm	Karen Zenilman	<b>Conflict Mediation</b>	Level 2: Interpersonal Competence
Thursday 1/18/18	7pm-8pm	John DiSarro	<b>Opening Session Level 2</b> *Location: Douglass Community Room	Opening Session Level 2
Friday 1/19/18	3pm-4pm	Eleanor Oi	<b>Introduction to Decision Making</b>	Cognitive Complexity
Friday 1/26/18	3pm-4pm	Brian Magee	<b>Ethical Decision Making and Leadership</b>	Civic Engagement
Wednesday 1/31/18	7pm-8pm	Laura Ballou	<b>Leadership Styles</b>	Intrapersonal Competence

## Tunnel Painting Guidelines

A utility closet that includes a sink was installed near the Hoyt end of the painted tunnel. The door is labeled 'Utility Sink' and is always unlocked. The utility sink room was created for our student community and we ask that you respect this newly created communal space, as of Fall 2017. If you are going to be painting this semester, please make sure you review [the guidelines to tunnel painting and the use of the utility sink](#).

## A Leader's Challenge: Maintaining Motivation

Maintaining any motivation your organization may have had at the end of a previous semester is a challenge most student leaders face. Long breaks and Rochester winters can make any student leader unmotivated.

Leaders can make the mistake of focusing too much on the "what", especially at the beginning of a semester. While spending time addressing any foreseeable problems and delegating tasks accordingly are important components of leading, it is equally important to always be reminding your members of the "why".

Before the semester begins, attempt at least one of the following suggestions:

1. Remind members of the "why" behind your organization and re-learn the shared values you all have as members of this team
2. Ask members to write down their top 2-3 reasons why they joined the organization and make sure those reasons/needs are met in this upcoming semester

Have members reflect on what will personally test their confidence and resiliency in the next few months and how may that impact their role in the organization

A \*Listed below are a few other strategies for rebuilding and maintaining motivation with your organization this semester:

- A. Before your organization's first meeting, identify members who are eager to succeed this semester and are willing to inspire other members and/or hold them accountable
- B. If you haven't already, (or, have new members on your e-board) put your organization's goals in writing.
- C. Empower members to be a part of the decision-making process of your organization
- D. Track your progress!!
- E. Reward yourself and your team when you reach a short-term goal or milestone for a long-term goal.
- F. Capitalize on resources that can help the group stay on track and moving toward their goal -- Successful student organizations are resourceful!

Convert setbacks into comebacks -- "What happens is not as important as how you react to what happens" ~Thaddeus Golas

*\*Strategies taken from Peer-to-Peer Leadership: Transforming Student Culture (127-32)*

## NOMINATE for the Student Life Awards

Nominations are open for this year's University Student Life Awards. The nomination form and award descriptions are online at <http://www.rochester.edu/College/rccl/blog/?p=3532>

**Deadline for nominations is Friday, January 26<sup>th</sup> at noon.**

If you have any questions about the nomination process, please contact Melissa Rusnica at [involvementga@ur.rochester.edu](mailto:involvementga@ur.rochester.edu)

Friday, January 26th

11:00AM– 3:00PM

# Connect with the



Wilson Commons; Gowen Room & Hirst Lounge

- Maximize your CCC profile
- Manage organization memberships
- Input your experiences
- Learn the lingo of CCC

Free Food

Prize Wheel

Raffle: Bluetooth speakers & \$100 LL Bean Gift Card

WILSON COMMONS  
STUDENT ACTIVITIES

Office of the Dean of Students  
UNIVERSITY OF ROCHESTER



**This publication is brought to you by Wilson Commons Student Activities:** The Student Organization Insider is WCSA's monthly e-newsletter for student organization executive boards and advisors. The Student Organization Insider (SOI) is intended to keep student leaders informed on opportunities and updates from their areas of advisement: Students' Association, Athletics, the Interfaith Chapel, Fraternity and Sorority Affairs, Residential Life, Rochester Center for Community Leadership, the Hajim School, and Wilson Commons Student Activities. The SOI will not focus on information available to students through Weekend Highlights and it will not be used to advertise student organization events. Instead, this newsletter is a unique and specialized publication with information and opportunities that are relevant to you as student leaders!