

The Student Organization Insider

What's Inside

- Student Organization Annual Review
- Mid-Year Leadership Training
 - Winter Activities Fair
 - 2019 Spring Reservations

Page 1

- Leadership Challenge: Conflict Management
- Save the Date: Winterfest 2019
 - Alternative Break Trips
- Task Force to Examine Student Organizations
 - Student Org. Accolades & Awards
 - Food Truck Applications
 - 5K Challenge

Page 2

- Study Break List
- Mindful University
- Activity Reflections
- CCC Tips and Tricks

Page 3

The information in this edition promotes your organization's success. You don't know what you don't know and we want you to know. WCSA hopes that this publication will keep you informed of student organization operations/opportunities. For more information on policies and procedures, visit the WCSA website at <http://rochester.edu/college/wcsa/>.

Student Organization Annual Review

Student Organizations advised by Wilson Commons Student Activities, the Rochester Center for Community Leadership, Athletic & Recreation, and the Interfaith Chapel must submit their self-report by midnight on **December 3rd, 2018**. For your convenience, please use this [LINK](#) to go directly to the form. More information on SOAR is available [HERE](#).

Mid-Year Leadership Training

Save the Date: Tuesday, January 15th; 2:00 pm – 5:30pm. If you are a new leader (new to a position or first time on an executive board) or missed out attending the Fall Leadership Training it is HIGHLY ENCOURAGED that you attend. If you have questions about this, contact your primary advisor. This training is for organizations advised by Fraternity and Sorority Affairs, Interfaith Chapel, Rochester Center for Community Leadership, and Wilson Commons Student Activities. Registration for the training will open December 3rd.

Winter Activities Fair

SAVE THE DATE for the WINTER ACTIVITIES FAIR on January 18th, 2019 from 3:30pm to 5:00pm in Goergen Athletic Center on the Zornow Courts. Come out to promote your group and to get new members for the new semester. Registration is now open click [HERE](#). We look forward to seeing you there!

2019 Spring Reservations

The VEMS templates for Student Organizations will open **December 9, 2018 at 5:00pm!**

Some things to know:

- All reservations will be processed on a first-come, first-served basis.
- You can access the VEMS tutorial [HERE](#). In the tutorial, you will find directions on how to submit, edit, and cancel submitted reservations. Additionally, there is a grid indicating which rooms are included in each template.
- If you need to update or have questions about your organization's Virtual EMS Contact, please contact [Audrey Lai](#).

Questions can be directed to your advisor or [Audrey Lai](#).

Leadership Challenge: Conflict Management

If you have made it to November with your organization and have had no issues arise amongst group members, one may question if the team has actually attempted to positively impact the campus in some way. Conflict is inherent when we work together in teams. We all possess unique personalities, talents and skills. And not agreeing on something, small or big, should not be a wrecking ball to your organization. Typically the root of conflict is lack of communication or misunderstanding. Unresolved conflict can result in the need for mediation. A mediator can be a peer leader, member, advisor, or someone else who works for the University. In my home we say, "Success sounds like honesty and laughter." At the end of the day if you are not able to be honest with a member on the team it may be worth looking to someone else to bring resolve.

Some other scenarios where additional support or mediation can be helpful:

- When two people continually rehash the same issue
- When the emotional level in the group or team is highly charged
- When two people barely get along and their dislike of one another interferes with their work
- When unresolved conflicts are affecting the progress of the group or team

Save the Date: Winterfest 2019

Winterfest Weekend will take place February 1-3, 2019! The weekend will include an ice-carving demonstration, special comedic performance, movie, themed dinner, and several other events hosted by various student organizations and campus departments. Winterfest Weekend is one of the College's four [Community Weekends](#). If your organization would like an event represented on the Winterfest calendar, please contact [Brian Magee](#) by January 11, 2019.

Alternative Break Trips

All organizations pursuing winter or spring break trips MUST submit an Alternative Break Trip Application whether you are applying for funding or not. Applications are due on Monday, December 10th. You can find the application link [HERE](#).

Task Force to Examine Student Organizations

Based on legislation that was passed last academic year by student government, this taskforce was created to address the question, "What is a student organization?" This taskforce will address issues with fairness and equity relating to guidelines that govern student organizations, review the rights and privileges of being a recognized student organization, and evaluate the current classification system of student organizations, including the structure of organizations having committees.

All student leaders are invited to give feedback to this Task Force in a Town Hall Meeting format on Wednesday, December 5th at 5pm in the Gowen Room. There is also an [online form](#) available to give direct feedback to the Task Force.

Student Org. Accolades & Awards

Do you have something exciting to share about your organization? We would like to feature exciting news in each month's Organization Insider! Fill out this [form](#) and let us know what you'd like to share!

Food Truck Applications

If your organization is interested in having a food truck as part of your event during the Spring semester (between Spring Break and the end of the year), the application deadline is January 15, 2019. More information and the application is available [HERE](#).

5K Challenge

The 5K challenge is an annual contest where students submit proposals for creative and innovative ideas that would cost \$5000 or less to implement. In order to be selected, the proposal must benefit the overall campus community, improve the student experience, and fit a particular area of need on campus.

Last year's winning proposal was the massage chairs. Your idea could be this year's headline!

To learn more about the 5k challenge and submit your own proposal, click here.: [5K Challenge!](#)

Study Break List

Is your organization or department planning an end of semester study break? Wilson Commons Student Activities is compiling a comprehensive list of study breaks from the evening of Thursday, December 13th-Friday, December 21st. The list will be featured in the last edition of Weekend Highlights for the semester (December 13th). Submit your study break—including title, description, date, time, location, and sponsorship information—via this [FORM](#) by noon on Wednesday December 12th.

Mindful University

You're invited to become a part of an exciting new initiative called the [Mindful University Project](#). This new University-wide collaboration is focused on creating a culture of mindfulness for a campus community ever better. This month we kicked off our first coalition meeting with over 60 faculty, staff, and leaders from throughout the university. Next, we are seeking student leaders to join us! Members of the coalition will have the opportunity to take part in personal and professional development workshops on topics such as mindful leadership and mindfulness in education, as well as meditation workshops and weekend retreats. Whether you are new to meditation or have a long-standing personal practice, we welcome you! [Join us today](#).

Activity Reflections

Please complete an activity reflection after each event that your student organization does. It is recommended to do this within a week of the activity. This process replaces the former "assessment form." Completing this form can be done through the "create event" tab from your student organization homepage in CCC. Please work with your primary advisor on this process if you have any questions!

Quick reminders when completing your Reflection:

- 1) Title needs to have "—Reflection"
- 2) Select Activity Reflection for the type of event
- 3) Theme needs to be "Group Business"
- 4) Show To selection needs to be "Invited"
- 5) Who can RSVP needs to be "No one"

Additional information can be found [HERE](#).

CCC Tips and Tricks

Verifying Activity Reflection submissions. Not sure if all of your activity reflections are complete? You can check using the following short steps:

- Go in to your organization's Action Center
- Navigate to the Events screen in the menu
- Change the Status dropdown to "All" or "Past"
- Go through the list and verify all your events also have a "- Reflection" entry
 - ◊ Pro-tip: You can sort the list by Start Date to find your most recent Events and Reflections.

For more information on Activity Reflections, visit WCSA's [website](#).

This publication is brought to you by Wilson Commons Student Activities: The Student Organization Insider is WCSA's monthly e-newsletter for student organization executive boards and advisors. The Student Organization Insider (SOI) is intended to keep student leaders informed on opportunities and updates from their areas of advisement: Students' Association, Athletics, the Interfaith Chapel, Fraternity and Sorority Affairs, Residential Life, Rochester Center for Community Leadership, the Hajim School, and Wilson Commons Student Activities. The SOI will not focus on information available to students through The Report or Weekend Highlights, and it will not be used to advertise student organization events. Instead, this newsletter is a unique and specialized publication with information and opportunities that are relevant to you as student leaders!