



College Student Organization Resource Agreement



The information outlined below has been reviewed and agreed upon by the Student Organization Review Board and the Administrative Review Committee (ARC). The Student Organization Review Board consists of members from ARC, the Students' Association Appropriations Committee (SAAC), Wilson Commons Student Activities, Burgett Intercultural Center, as well as students that have self-identified as being active members of the University Community.

The resources below must be adhered to by the organization. Should the needs of the organization change, the organization agrees to participate in a Constitution and Resource Agreement review, in which membership numbers, space and funding needs, and the organization's current activities on campus shall be reviewed.

ORIGINAL APPROVAL DATE: 10/18/2024

ORGANIZATION NAME: Brain Exercise Initiative

ACRONYM: bei

MISSION CATEGORY: Community Engagement

SECONDARY CATEGORY: Academic/Professional
(for searching purposes)

MINIMUM NUMBER OF MEMBERS: 6

MEMBERSHIP TYPE: Open

ADDITIONAL RESOURCES GRANTED:

- Eligible to submit through the annual budget allocation process: Yes
- National Affiliation Recognition: Yes

ADDITIONAL RESOURCES NOTES: Refer to the attached chapter agreement and letter of support from the URM Department of Neurology.

GENERAL COMMENTS/NOTES:

By signing this agreement, I acknowledge that I have reviewed this document and agree that my organization shall adhere to the guidelines listed above, should it be determined that my organization is not in compliance, I understand that the status of my organization may be jeopardized. Additionally, I agree that a copy of this document shall be included in our organizations transition documents, so that future e-board members will be aware of this agreement.

Signature of President: 

Date: 2/03/2025

ARC Approval: 

Date: 2/5/2025

Brain Exercise Initiative Chapter Agreement

As a chapter of the Brain Exercise Initiative, it is important to uphold the rules and responsibilities of both the greater organization and student organizations at the University of Rochester. The following requirements are outlined in the creation of a new chapter of Brain Exercise Initiative:

Chapter Responsibilities:

- Partner schools that are participating as a chapter of the Brain Exercise Initiative will require the chapter to be approved and registered as a club with the school administration for the current academic year.
- All chapter members and volunteers must be documented on the BEI National Directory with the National Executive Committee (NEC).
- Schools will be expected to select an inclusive leadership team that consists of a President, Vice President, Secretary, Volunteer Coordinator, Outreach Director, Financial Chair, Publicity Chair, and a Newsletter Chair (optional) to manage chapter operations and membership.
- The Chapter will be assigned a Regional Advisor from the NEC for each academic year, who will keep open contact with the President and have regular check-in meetings to ensure adherence to national standards.
 - The President is expected to communicate and share regular updates about their chapter with the assigned Regional Advisor that do not include the regular check-ins.
- The President is required to attend the annual Globe Conference hosted online by the NEC. No travel fees are required.
 - A President is to hand off leadership within the chapter to another member of the club before the start of the following school year if a transition needs to be made. This transition must be approved by the NEC, and the new President must attend the following year's Globe Conference.
- Chapter leadership team will be expected to organize and have inclusive events that engage all members of the club through volunteering at senior homes.
 - This includes the coordination of transportation for students to and from senior homes.
- Chapters must organize regular trips to senior homes that house residents with Alzheimer's, and work through the BEI Exercise Packets provided to the Chapter Leadership Team.
 - These packets may be altered in difficulty depending on the level of Alzheimer's progression in the resident, but the content should stay generally similar.

- No requirement for a minimum or maximum number of homes or members exists, but members should be able to go to homes regularly and be active participants within the club.
- The Executive Board is responsible for the advertisement and promotion of the Brain Exercise Initiative throughout the school, and must hold to their beliefs and values during the recruitment process.

Furthermore, as President of your chapter, you have the following Powers and Duties:

- Powers
 - Appoint committee chairpersons and select members of the organization
 - Fill vacancies in appointive offices
- Duties
 - Preside over all meetings of the organization
 - Act as official representative of your chapter
 - Reach out to retirement homes and organize the implementation of a brain exercise program at that retirement home
 - Coordinate volunteer schedules with the retirement homes
 - Selection of volunteers

You represent the nationwide umbrella of the Brain Exercise Initiative. If for any reason the National Executive Committee feels that you are not acting in the best interest of our organization, they have the power to replace the president.

By signing below, you acknowledge that you will be committed to the agreements outlined above.

We are excited to have you on our leadership team and we look forward to changing the lives of seniors one exercise at a time!

Name: Atreyee Ghosh

Signature: *Atreyee Ghosh*

Date: 10/15/2024

NEC Advisor: Elsa Davis

Signature: *Elsa Davis*

Date: 10/16/2024

Department of Neuroscience

M. Kerry O'Banion, MD, PhD
Professor and Vice Chair, Department of Neuroscience
Director, Medical Scientist Training (MD-PhD) Program



October 16, 2024

To whom it may concern,

I am a professor of Neuroscience at the University of Rochester Medical Center, and currently lead a research laboratory focused on the role of neuroinflammation in Alzheimer's disease. I also am a member of the Executive Committee for the University of Rochester Aging Institute and lead a training grant focused on Aging and Alzheimer's disease. A group of students have approached me about starting an organization, a chapter of the Brain Exercise Initiative, on the University of Rochester campus. They requested that I examine published research that this organization is based on, and after reading Dr. Ryuta Kawashima's studies on the effects of mental exercises on Alzheimer's patients, I fully support the idea that a chapter of this organization be established on the University of Rochester River campus. I believe that studies such as these are experimentally valid and provide potential methods to benefit the many individuals affected by Alzheimer's. Please reach out if you have any questions, but I would like to reiterate my full support for a Rochester chapter of the Brain Exercise Initiative.

Sincerely,

M. Kerry O'Banion, MD, PhD
Professor of Neuroscience and of Neurology
Del Monte Institute of Neuroscience
Wilmot Cancer Institute, Section on Cancer Microenvironment
Environmental Health and Sciences Center