

Welcome to the 2018 Open Enrollment Period!

The annual open enrollment period for the University of Rochester Health Care Plans and Dental Plans, for calendar year 2018 will be held from **Wednesday**, **November 1 to Wednesday**, **November 15.**

Health Care Program Enrollment/Change Options

During the 2018 annual open enrollment, you have the option to

- elect or change your current health and/or dental plan,
- add or remove eligible dependents from your coverage, and
- change your Third-Party Administrator (Aetna or Excellus) for your health coverage.

Group Life Insurance

Please review your beneficiary designations by logging in to HRMS (rochester. edu/people) and selecting the Securian Life link to be sure your beneficiary elections for both University-Paid and optional coverage are up to date.

ALEX Can Help You

Picking the right benefit plans can be a challenge. Which medical and dental plans are best for me? These decisions are important, and a lot goes into making the right choice. To make the process easier, start with the easy-to-use online tool called **ALEX**, available on the benefits website (rochester.edu/benefits). ALEX will ask a few questions (who will be covered on your plan, what types of services do you think you might need throughout the year, etc.) and will provide a cost comparison for each of the plans. ALEX will also walk you through a few scenarios to better explain how your benefits work.



New and Noteworthy

Health Plan Design Changes

Beginning 1/1/18, the following components of the Health Plans will increase. Please see the Comparison chart for the new amounts.

- YOUR PPO Plan & YOUR HSA-Eligible Plan deductibles
- YOUR PPO Plan & YOUR HSA-Eligible Plan out-of-pocket maximums
- YOUR PPO Plan & YOUR HSA-Eligible Plan coinsurance
- · YOUR PPO Plan & YOUR HSA-Eligible Plan Pharmacy coverage
- YOUR PPO Plan copays
- For example, the pharmacy copay for generic drugs will increase \$5 (from \$10 to \$15) and PPO Plan copays for office visits are increasing by \$5.

Non-AHP Specialty Provider Services

For 2018 we will continue to cover Ambulatory Surgical Centers, Durable Medical Equipment, Skilled Nursing Facilities, Mental Health and Substance Abuse services at the Tier 1 (AHP) cost sharing level even if the provider/facility is not part of the AHP network. However, the provider would need to participate in the Aetna/Excellus national network. The following list of services will be covered at a Tier 1 level if the provider is part of the AHP Network. If they are not part of the AHP Network but are still part of the Aetna or Excellus national network, they will be covered at the Tier 2 level.

- Acupuncturist
- Audiologist
- Chest & Respiratory Therapist
- Chiropractor
- Dialysis Centers
- · Infusion Therapy
- Occupational Therapist
- Optometrist
- Physical Therapist
- Podiatrist
- Speech Pathologist
- Speech Therapist
- Urgent Care Facilities

For a comprehensive list of providers in the AHP network, please use the AHP provider search tool at ahpnetwork.com.

Lower Life Insurance Rates

Effective January 1, 2018, faculty and staff will see lower rates for Group Universal Life (GUL) insurance and Group Optional Term Life (GOTL) insurance.

Also New for 2018

There will be additional benefit offerings, such as supplemental vision and prepaid legal. Additional communication regarding these benefits will be coming soon.

OPEN ENROLLMENT NEWSLETTER PAGE 1

2018 Health Care and Dental Plans Premiums For Faculty and Staff

January 1-December 31, 2018

Monthly

Monthly Premium Contributions (monthly paid)	Single	Family	Employee and Spouse/	Employee and Child(ren)
Full-Time Employees E		runny	Domestic Fulfiller	cinia(icii)
YOUR PPO Plan	\$87.78	\$263.26	\$193.06	\$157.94
YOUR HSA-Eligible Plan	\$8.96	\$26.86	\$19.70	\$16.12
Full-Time Employees E	arning \$50,000—\$1	24,000 and Par	t-Time Employees < \$12	24,000
with more than 5 Year				
YOUR PPO Plan	\$136.76	\$410.24	\$300.86	\$246.14
YOUR HSA-Eligible Plan	\$10.08	\$30.20	\$22.16	\$18.14
Part-Time Employees I	Earning < \$124,000	with less than	5 Years of Service*	
YOUR PPO Plan	\$177.92	\$533.72	\$391.40	\$320.24
YOUR HSA-Eligible Plan	\$54.60	\$163.76	\$120.08	\$98.26
Employees Earning > 9	\$124,000			
YOUR PPO Plan	\$219.08	\$657.26	\$482.02	\$394.34
YOUR HSA-Eligible Plan	\$98.58	\$295.72	\$216.84	\$177.42
Bi-weekly and Semi-monthly Premium Contributions (bi-weeklyt/semi-monthly paid)	Single	Family	Employee and Spouse/ Domestic Partner	Employee and Child(ren)
Full-Time Employees E	arning < \$50,000			
YOUR PPO Plan	\$43.89	\$131.63	\$96.53	\$78.97
YOUR HSA-Eligible Plan	¢4.40	442.42		
Full-Time Employees F	\$4.48	\$13.43	\$9.85	\$8.06
with more than 5 Year	arning \$50,000–\$1	,	\$9.85 t-Time Employees < \$12	, , , , ,
with more than 5 Year YOUR PPO Plan	arning \$50,000–\$1	,		, , , , ,
with more than 5 Year	arning \$50,000—\$1 s of Service	24,000 and Par	t-Time Employees < \$12	24,000
with more than 5 Year YOUR PPO Plan	\$68.38 \$5.04	\$205.12 \$15.10	\$150.43 \$11.08	\$123.07
with more than 5 Year YOUR PPO Plan YOUR HSA-Eligible Plan	\$68.38 \$5.04	\$205.12 \$15.10	\$150.43 \$11.08	\$123.07
with more than 5 Year YOUR PPO Plan YOUR HSA-Eligible Plan Part-Time Employees I	\$68.38 \$5.04 \$5.04	\$205.12 \$15.10 with less than	\$150.43 \$11.08 \$ Years of Service*	\$123.07 \$9.07
with more than 5 Year YOUR PPO Plan YOUR HSA-Eligible Plan Part-Time Employees I YOUR PPO Plan	\$68.38 \$5.04 \$5.04 \$88.96 \$27.30	\$205.12 \$15.10 with less than \$266.86	\$150.43 \$11.08 \$ Years of Service*	\$123.07 \$9.07 \$160.12
with more than 5 Year YOUR PPO Plan YOUR HSA-Eligible Plan Part-Time Employees I YOUR PPO Plan YOUR HSA-Eligible Plan	\$68.38 \$5.04 \$5.04 \$88.96 \$27.30	\$205.12 \$15.10 with less than \$266.86	\$150.43 \$11.08 \$ Years of Service*	\$123.07 \$9.07 \$160.12

Share of Dental Premiums	Monthly		Bi-Weekly / Semi-Monthly	
	Single	Family	Single	Family
Traditional Dental Plan	\$4.38	\$8.94	\$2.19	\$4.47
Medallion Dental Plan	\$13.76	\$28.22	\$6.88	\$14.11

Duo Security

To log in to HRMS from computers not connected to the University network, you must be enrolled in **Duo two-factor authentication**.

Visit tech.rochester.edu/ services/two-factorauthentication and use your NetID and password to enroll in Duo for HRMS. As soon as you are enrolled, twofactor authentication will



be active. Contact the IT Help Desk at 275-2000 with any questions.



*Also includes Agency Nurses with Medical and Time-as-Reported employees who qualify as a full-time employee in accordance with the University's Measurement and Stability Periods Policy.

†Faculty/staff members who are paid bi-weekly will have their Health Care and Dental Plan premium contributions deducted in the first two paydays of each month. In the month(s) that contain three paydays (June and November), Health Care Plan and Dental Plan deductions will not be taken from the third payday.

The rates represented in these charts reflect the amount that will be deducted each pay period from faculty/staff members' paychecks from January 1–December 31, 2018, respectively. This is in addition to the amount contributed by the University. Faculty/Staff member premiums are based on salary, full-time/part-time status, and University years of service as of January 1, 2018.

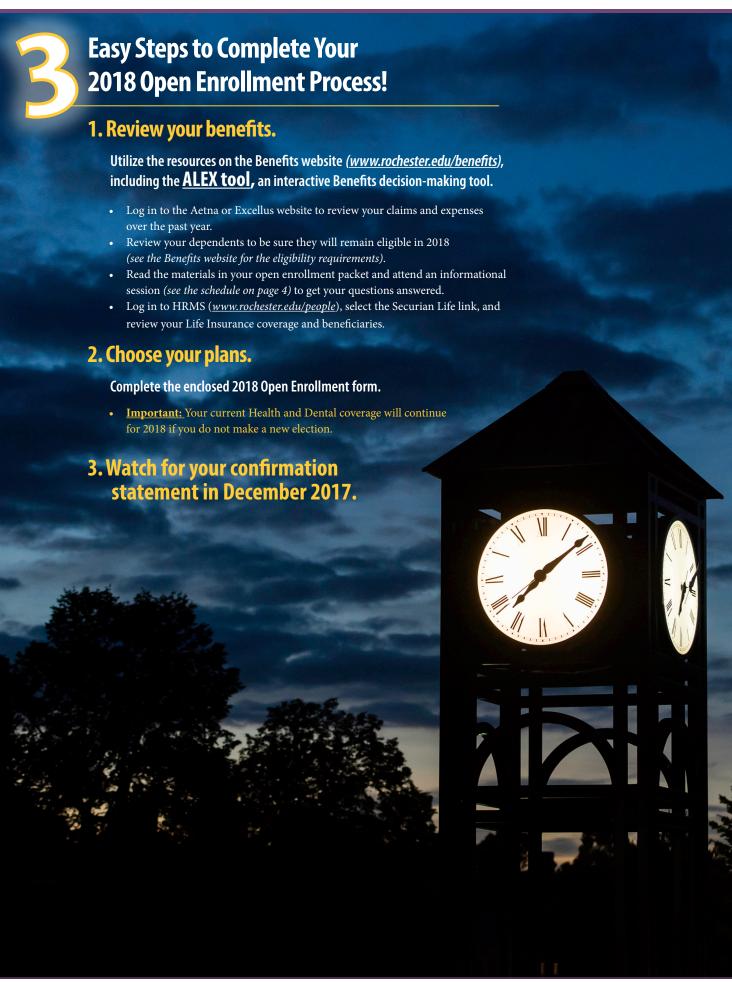
Any changes to either salary or University service throughout the calendar year will not change the faculty/staff member's premium amount in 2018. If your work status changes between full-time and part-time during the calendar year, your payroll deductions will be adjusted as appropriate.

For a salaried faculty or staff member, annual salary is 12 times the regular monthly salary or 24 times the regular semi-monthly salary. For faculty members under the School of Medicine and Dentistry Faculty Compensation plan, annual salary means the "Targeted Salary."

SMM - This summary of material modifications (the "SMM") describes certain changes to Plan 517 (Health Care Plans for Faculty and Staff of the University of Rochester and SMH residents and fellows). It supplements or modifies the information set forth in the plans' summary plan descriptions ("SPDs") that were previously distributed to you. Please keep this SMM with your copy of the SPD(s) for future reference.

See the enclosed University's Non-Discrimination and Accessibility Notice.

OPEN ENROLLMENT NEWSLETTER PAGE 2



OPEN ENROLLMENT NEWSLETTER PAGE 3

Schedule of Open Enrollment Informational Sessions

Informational Sessions with Benefits Office Representatives

Representatives from the Benefits Office will be available to speak with you personally regarding the 2018 Health Care and Dental Plans, and Wellness Programs.

Wednesday, October 25	11 a.m. –1 p.m.	Rochester Tech Park 905 Elmgrove Rd. Building 5, 2nd Floor
Friday, October 27	11 a.m.–1 p.m.	Bridge Lounge, Wilson Commons River Campus
Wednesday, November 8	11 a.m.–2 p.m.	Medical Center Sarah Flaum Atrium

Informational Sessions with Aetna, Excellus, and Accountable Health Partners

Representatives from Aetna, Excellus, the Benefits Office, and Accountable Health Partners will be available to speak with you personally regarding the 2018 Health Care and Dental Plans, and Wellness Programs.

Wednesday, November 1	11 a.m.–2 p.m.	Medical Center Sarah Flaum Atrium
Friday, November 3	7:30–10 a.m.	College Town 44 Celebration Dr. Conference Room 2007, 2nd Floor

Open Enrollment Webinars (New for 2018!)

The Benefits Office will offer webinars focusing on the 2018 Open Enrollment; visit the Benefits website (rochester.edu/benefits) to log in to the webinar.

Tuesday, October 31	Noon-1 p.m.	
Thursday, November 2	Noon-1 p.m.	Visit the Open Enrollment page of the Benefits Website (rochester.edu/benefits) to log in to the webinar.
Monday, November 6	Noon-1 p.m.	

Enrollment Help Workshops			
Representatives from the Benefits Office will be available to provide assistance with online enrollment.			
Tuesday, November 7	9–11:30 a.m.	College Town 44 Celebration Dr. Conference Room 2007, 2nd Floor	
Tuesday, November 14	Noon–5 p.m.	College Town 44 Celebration Dr. Conference Room 3007, 3rd Floor	
Wednesday, November 15	7:30 a.m.–Noon	College Town 44 Celebration Dr. Conference Room 3007, 3rd Floor	

Questions?

- Call ASK-URHR at 275-8747
- 2. Email the Benefits Office at benefitoffice@rochester.edu.
- Attend an Informational Session or Webinar (see schedule above).
- 4. Visit the Accountable Health Partners (AHP) website at ahpnetwork.com for information regarding the AHP provider network.

