**Sample Career Plan**

**Career Goal**

To become a Physical Therapy Assistant (assist physical therapists in providing treatments and procedures)

**Requirements**

* Training in vocational schools, related on-the-job experience or an associate’s degree. Some require a bachelor’s degree
* Excellent communication skills
* Critical thinking
* Being able to monitor and assess situations
* Time management
* Service oriented
* Learn strategies and procedures quickly and precisely
* Writing skills

**Current Skills and interests:**

* Summer work for ABC Nursing Facility and Rehab
* Volunteer at XYZ Special Learning Center
* Served as class vice-president for 3 years
* High school biology courses
* High school geometry and algebra classes
* High school speech and debate class
* High school sports teams

**Plan to reach career goal:**

* Associates degree: LMN State Technical College
* Work directly with PT at ABC Nursing Facility and Rehab
* Complete two 40-hour observation sessions of physical therapy
* Job Experience
  + Continue as a volunteer at XYZ Special Learning Center
  + Work directly with PT at ABC Nursing Facility